

For Immediate Release

(Pembroke, Ontario, April 25, 2025)

Renfrew County and District Health Unit Confirms Local Measles Case

One measles case has been confirmed in Renfrew County and District (RCD). The individual with measles is an unvaccinated adult who traveled within the province. They are currently in isolation and following the appropriate public health measures.

<u>Measles</u> is a highly contagious viral infection with symptoms of fever, cough, runny nose, red eyes, fatigue, and red rash. Symptoms begin seven to 21 days after exposure to the virus. Measles can cause serious health problems, including pneumonia, inflammation of the brain, and, in rare cases, death. The virus spreads quickly from person to person through direct contact or small respiratory droplets in the air.

The public may have been exposed to measles at the following locations during the indicated dates and times:

Location	Date and Time of Exposure
Renfrew Victoria Hospital	April 15, 2025
Emergency Department	
	1:00 pm to 9:30 pm
499 Raglan St N, Renfrew, Ontario	
Renfrew Victoria Hospital	April 15, 2025
Diagnostic Imaging (if you had an X-Ray,	
ultrasound, CT scan, echocardiography, bone	4:50 pm to 7:45 pm
density scan, fluoroscopy, and/or ECG)	
499 Raglan St N, Renfrew, Ontario	
No Frills	April 15, 2025
680 O'Brien Rd, Renfrew, Ontario	8:30 pm to 11:00 pm

If you were at any of the above locations during the indicated exposure date and time:

1. Check your vaccination records to ensure that you and any other exposed family members are protected against measles infection.

- Verify that you had 2 doses of measles-containing vaccine (e.g., MMR) or proof of immunity through a blood test.
- People born before 1970 likely had measles as a child and are generally considered protected against infection.
- 2. If you are NOT protected against measles, call the Renfrew County and District Health Unit

(RCDHU) at 613-732-3629 or 1-800-267-1097.

- Stay home and do not attend or work at a school, childcare, or healthcare setting.
- 3. Monitor for measles symptoms (even if you are vaccinated) for 21 days following the date you were exposed. Measles symptoms include:
 - High fever, cough, and runny nose.
 - Red, sore, watery eyes.
 - A red rash that appears a few days after symptoms begin, starting on the face and spreading to the rest of the body.

If you develop measles symptoms, **stay home from work and school. Call your healthcare provider before visiting** to let them know you have been exposed to measles. This will allow them to take precautions to prevent spread of infection to others. If you do not require medical care, call RCDHU at 613-732-3629 or 1-800-267-1097.

- 4. Please contact RCDHU immediately at 613-732-3629 or 1-800-267-1097 if any of the following applies:
 - You were with an infant under 12 months of age when exposed.
 - You are pregnant and unvaccinated.
 - You are severely immunocompromised.

RCDHU urges all RCD residents to confirm they are to up to date with their measles vaccines. Contact your healthcare provider or RCDHU to get immunized if needed. For more information, visit the <u>RCDHU Measles page.</u>

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