

FOOD AFFORDABILITY

in Renfrew County and District (RCD), 2023



1 IN 6 HOUSEHOLDS
are experiencing food
insecurity in RCD

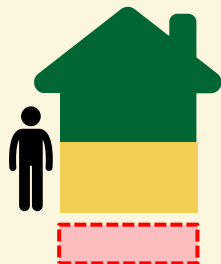
1 IN 4 CHILDREN

live in a food-insecure household in Ontario



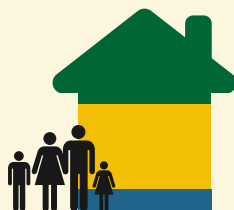
How Much is **Left Over** for
Necessities After Paying for
Monthly **Rent** and **Food**?

One Person,
Ontario Works:
-\$312



One person,
Ontario Disability
Support Program:
\$130

Family of Four,
Ontario Works:
\$391



Food insecurity means
inadequate access to food
due to a lack of money. Food
insecurity is **caused by poverty**.



SIGNIFICANT HEALTH IMPACTS



- poor physical health
- poor mental health
- high blood pressure
- diabetes
- depression

THE SOLUTION?

**Policies that target
poverty**, guaranteeing
adequate income to pay for
the basic necessities of living.



View the full report at www.rcdhu.com: [Food Affordability in Renfrew County and District, 2023](#)

