

FLU & COVID-19 VACCINE CLINIC INFORMATION

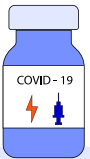
December 01 - December 29, 2022

Review these lists of participating pharmacies to see if you can receive the [COVID-19 vaccine](#) or the [Flu vaccine](#), subject to availability. Be sure to **call the pharmacy ahead of time** if you plan to get vaccinated there, as vaccine supply varies and appointments may be required.

COVID-19 Vaccine Information



First or second doses: Anyone 6 months of age or older (wait at least eight weeks between doses).



Bivalent booster doses: ***NEW** Residents **5 years of age and older** can receive the bivalent booster dose at a recommended interval of **six months (168 days)** after a previous COVID-19 vaccine (**on or before July 03, 2022**). A bivalent booster dose can be provided at a minimum of **three months (84 days)** after their last dose, with informed consent (**on or before Sep 25, 2022**). For the detailed eligibility list, visit: <https://bit.ly/3noKlgj>.



Children 6 months to 4 years of age can receive other vaccines at the same time **with informed parental consent**, although it is recommended to wait 14 days prior to or after receiving a COVID-19 vaccine.

Walk-ins are accepted at all clinics except Novavax clinics (appointments required).

Flu Vaccine Information



Everyone 6 months of age and older should get the standard quadrivalent inactivated vaccine (**QIV**) every year, unless there is a medical reason not to.

If you're 65 years of age or older, there are different flu options available:

- The **standard-dose (QIV)** vaccine protects against four strains of flu virus (for anyone 6 months of age or older).
- The **High dose QIV (*limited quantities*)**, also protects against four strains of flu virus but contains a higher amount of antigen per strain than the standard dose.
- The **Trivalent Inactivated Vaccine (TIV) (*limited quantities*)**- adjuvanted, protects against two A and one B strains of flu viruses and contains an adjuvant (a substance added to a vaccine that helps the recipient develop an improved immune response).

Vaccine options are dependent on availability and may vary between clinics.

For more details, visit: <https://www.rcdhu.com/clinics-classes/flu-clinics/>



RENFREW COUNTY AND DISTRICT HEALTH UNIT

"Optimal Health for All in Renfrew County and District"

For more COVID-19 & Flu vaccine information visit www.rcdhu.com

FLU & COVID-19 VACCINE CLINIC SCHEDULE

**December 19 - December 29, 2022:
Walk-in Clinics**



**No appointments required for anyone 6 months of age and over.
Walk-ins welcome. No OHIP card required.**

Flu and COVID-19 vaccines are available at the following clinics

Dec. 19	Germania Club 15 Bennett St, Pembroke	3 - 6 p.m.
Dec. 20	Horton Community Centre 1005 Castletford Rd, Renfrew	3- 6 p.m. *NEW TIME
Dec. 21 (New Date)	NOVAVAX CLINIC 141 Lake St, Pembroke	9 a.m. - 2 p.m. BY APPOINTMENT ONLY <u>Call 1-833-773-0004</u>
Dec. 22	Chalk River Lion's Club 11 Kellett St, Chalk River	1 - 4 p.m.
Dec. 29 *New Clinic	RCDHU Pembroke Office 141 Lake St, Pembroke	12 - 3 p.m. BY APPOINTMENT ONLY <u>Call 1-833-773-0004</u>



Masks must be worn when attending the clinic

Note: Appointments must still be booked for Novavax COVID-19 vaccine clinics.



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