

FLU & COVID-19 VACCINE CLINIC INFORMATION

November 14 - November 30, 2022

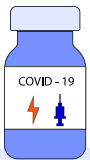
Review these lists of participating pharmacies to see if you can receive the [COVID-19 vaccine](#) or the [Flu vaccine](#), subject to availability. Be sure to **call the pharmacy ahead of time** if you plan to get vaccinated there, as vaccine supply varies and appointments may be required.

COVID-19 Vaccine Information



First or second doses: Anyone 6 months of age or older (wait at least eight weeks between doses).

Booster doses: Residents 5-11 years of age can receive a monovalent booster dose at the recommended interval of **six months (168 days)** after a previous COVID-19 vaccine (**on or before June 12, 2022**). A booster dose can be provided at a minimum of **three months (84 days)** after their last dose, with informed consent (**on or before Sep 04, 2022**).



Bivalent booster doses: Residents 12 years of age and older can receive the bivalent booster dose at a recommended interval of **six months (168 days)** after a previous COVID-19 vaccine (**on or before June 12, 2022**). A bivalent booster dose can be provided at a minimum of **three months (84 days)** after their last dose, with informed consent (**on or before Sep 04, 2022**). For the detailed eligibility list, visit: <https://bit.ly/3noK1gj>.

IMPORTANT: Children 6 months to 4 years of age can receive other vaccines 14 days prior to or after receiving a COVID-19 vaccine (**cannot receive COVID-19 and flu vaccine at same time**).

Walk-ins are accepted at all clinics except Novavax clinics (appointments required).

Flu Vaccine Information



Everyone 6 months of age and older should get the standard quadrivalent inactivated vaccine (**QIV**) every year, unless there is a medical reason not to.

If you're 65 years of age or older, there are different flu options available:

- The **standard-dose (QIV)** vaccine protects against four strains of flu virus (for anyone 6 months of age or older).
- The **High dose QIV (limited quantities)**, also protects against four strains of flu virus but contains a higher amount of antigen per strain than the standard dose.
- The **Trivalent Inactivated Vaccine (TIV) (limited quantities)**- adjuvanted, protects against two A and one B strains of flu viruses and contains an adjuvant (a substance added to a vaccine that helps the recipient develop an improved immune response).

Vaccine options are dependent on availability and may vary between clinics.

For more details, visit: <https://www.rcdhu.com/clinics-classes/flu-clinics/>



RENFREW COUNTY AND DISTRICT HEALTH UNIT
"Optimal Health for All in Renfrew County and District"

For more COVID-19 & Flu vaccine information visit www.rcdhu.com

FLU & COVID-19 VACCINE CLINIC SCHEDULE



November 22 - November 30, 2022: Walk-in Clinics

No appointments required for anyone 6 months of age and over.
Walk-ins welcome. No OHIP card required.

Flu and COVID-19 vaccines are available at the following clinics

Nov. 22	Horton Community Centre 1005 Castleford Rd, Renfrew	4 - 7 p.m.
Nov. 24	Chalk River Lion's Club 11 Kellett St, Chalk River	1 - 4 p.m.
Nov. 28	Germania Club 15 Bennett St, Pembroke	3 - 6 p.m.
Nov. 29	Former Grove Nursing Home 275 Ida St North, Arnprior	1 - 6 p.m.
Nov. 30	Yakabuski Community Centre 65 Arena Rd, Barry's Bay	3 - 6 p.m.



Masks must be worn when attending the clinic

Note: Appointments must still be booked for Novavax COVID-19 vaccine clinics.



RENFREW COUNTY AND DISTRICT HEALTH UNIT

"Optimal Health for All in Renfrew County and District"

For more COVID-19 & Flu vaccine information visit www.rcdhu.com