

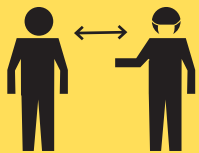
## **STAY HOME IF UNWELL**

Complete a COVID-19 screening tool daily before leaving home. Stay home if you have **ANY** symptom(s).



## **WEAR A MASK** as much as possible:

- indoors AND outdoors
- when physical distancing is difficult to maintain anyone outside your immediate household
- when travelling in vehicles with anyone outside your immediate household



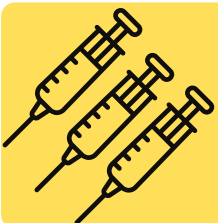
## **STAY 2 METRES APART** whenever possible:

- while indoors
- while around those that do not live in your immediate household
- Connect with others virtually if possible



## **Practice Frequent Hand Hygiene**

- wash your hands with soap and water
- use alcohol-based hand sanitizer if soap and water is unavailable



## **Stay up to date with your vaccine**

- Receive all recommended COVID-19 vaccine doses, as this is important to help protect ourselves and our community.

