



Renfrew County and District Health Unit  
*"Optimal Health for All in Renfrew County and District"*

## For Immediate Release

---

(Pembroke, Ontario, 10:00 a.m., December 1, 2021)

### **RCDHU Shares Good News Regarding the COVID-19 Exposure During Field Exercise at Garrison Petawawa**

Today, Renfrew County and District Health Unit (RCDHU) is reporting that there has been no evidence of community transmission of COVID-19 from the exposure during the field exercise at Garrison Petawawa. All additional cases have been reported to be household contacts of Canadian Armed Forces (CAF) members who were already in self-isolation as per RCDHU's direction. RCDHU continues to monitor the outbreak to ensure that all necessary measures are in place.

"This good news story is an example of how we can all work together to stop the spread of COVID-19 in our community if we all do our part to follow public health guidance," states Dr. Robert Cushman, Acting Medical Officer of Health, RCDHU. "This situation had the potential to lead to a serious outbreak in our community, but thanks to timely case and contact management, adherence to public health direction from the residents of Renfrew County and District (RCD), and the leadership at Garrison Petawawa who had strict isolation and preventative measures in place, we were able to contain the outbreak," continues Dr. Cushman.

Remember, even if you have been vaccinated, it is important to continue following public health measures to keep the community safe; stay home if you are sick, avoid contact with people who are ill, practice physical distancing (2 metres), wear a mask/face covering when physical distancing cannot be maintained, wash your hands, use the COVID Alert App, and complete the [COVID-19 self-assessment tool](#) or [COVID-19 school and child care self-assessment tool](#) **daily** before going to work, school or daycare, to monitor for symptoms and proper guidance.

For more information, visit RCDHU's website at <https://www.rcdhu.com/novel-coronavirus-covid-19-2/> or call 613-732-3629 or 1-800-267-1097.

- 30 -

Renfrew County and District Health Unit  
media@rcdhu.com  
www.rcdhu.com