

COVID-19 VACCINE NEWS BRIEF

NOVEMBER 3, 2021 | EDITION 29



COVID-19 Vaccination & Pregnancy

Pregnant individuals are eligible and recommended to get 2 doses of COVID-19 vaccine as soon as possible, at any stage in pregnancy (even the first trimester). While pregnant individuals were not included in trials for COVID-19 vaccines, hundreds of thousands of pregnant individuals have now received COVID-19 vaccines and there were no significant health concerns found for the woman or her baby.

Benefits of COVID-19 Vaccine in Pregnancy:

- Protection from being sick with COVID-19 – fever, chills, cough, shortness of breath, and feeling unwell with tiredness and muscle aches and pains.
- Protection from hospitalization due to COVID-19 symptoms. About one in ten pregnant women with COVID-19 will need hospitalization and some will need to go to intensive care and be on a ventilator. This is, in part, because the pressure of the baby on the diaphragm affects breathing, and the COVID-19 virus also affects the lungs and breathing.
- Protects the baby from being born early if the woman has COVID-19.
- Provides protection for the baby when the antibodies developed by the mother go through breastmilk to the baby.
- The COVID-19 vaccine doesn't affect fertility.

Clinic Update



Vaccination clinics will be open to all residents born in 2009 or earlier for first or second doses of the COVID-19 vaccine. Third doses will also be available for those who are eligible.

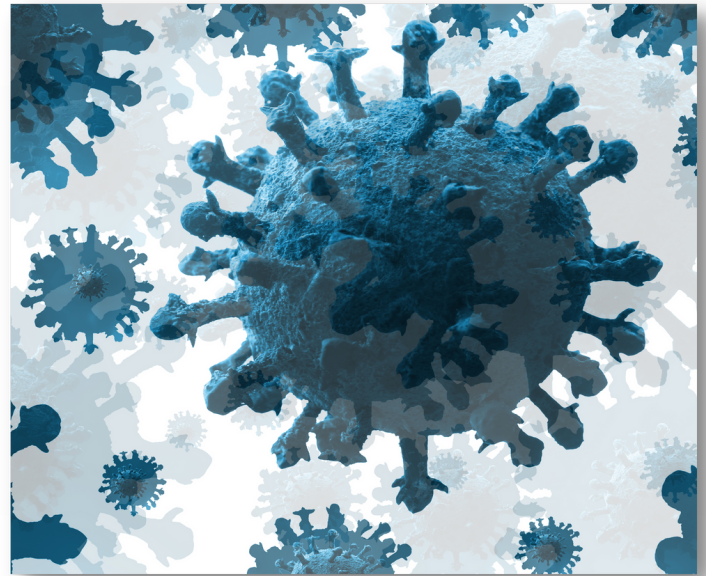


Continue to monitor www.rcdhu.com and RCDHU's Facebook and Twitter for clinic announcements.

Local Update

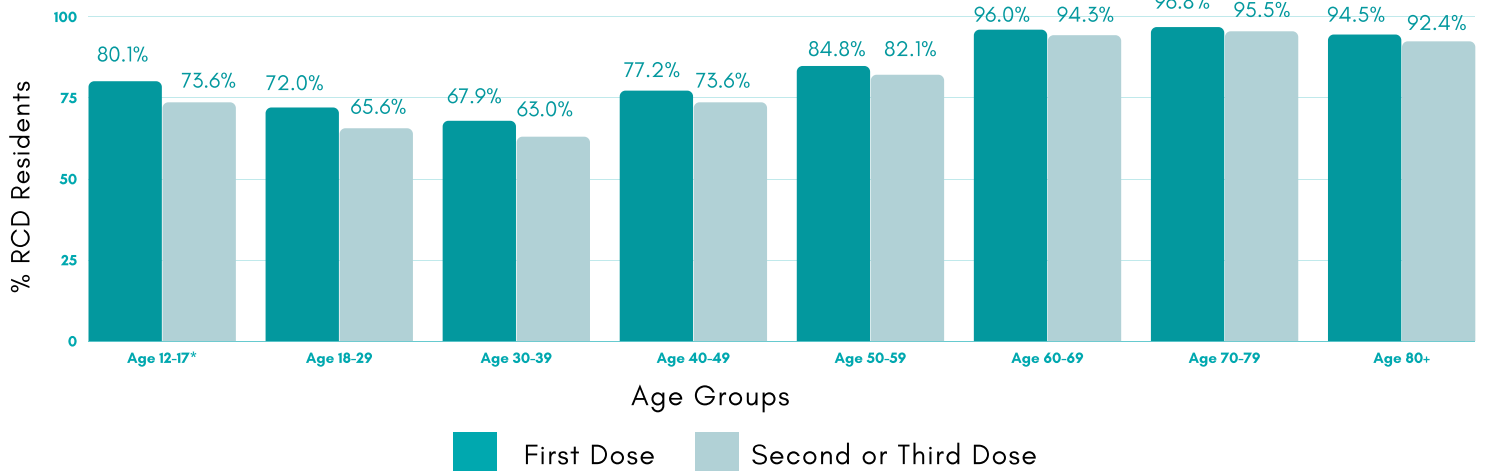
As of 8:00 a.m. November 1, 157,200 doses of COVID-19 vaccine have been administered through one of several COVID-19 vaccination clinics across Renfrew County and District (RCD) with 88.8% of RCDHU adults (including youth born in 2009 or earlier, and Canadian Armed Forces Members) having received at least 1 dose (85.1% have received 2 or 3 doses).

Remember: Even if you have been vaccinated, it is important to continue following public health measures, such as physical distancing, wearing a mask and hand hygiene.



Percentage of RCD residents with Dose 1 and Dose 2 or 3 of the COVID-19 vaccine, by Age Groups

As of November 1, 2021



Notes: This age demographic breakdown does not include Canadian Armed Forces (CAF) members residing in RCD.

*Includes individuals born in 2009.

New data source for population estimates: Statistics Canada. Population estimates 2001-2020: Table 1 annual population estimates by age and sex for July 1, 2001 to 2020, health regions, Ontario [unpublished data table]. Ottawa, ON: Government of Canada; 2021 [received 2021 Apr 22] as per Public Health Ontario (PHO).

Youth Corner (12-17 Years of Age)



Youth born in 2009 or earlier are eligible to book their COVID-19 vaccination appointment for the **Pfizer** COVID-19 vaccine.

Youth **second dose** appointments must be scheduled **at least 28 days after the first dose**. Indigenous youth may book a second dose appointment three weeks after their first.

For more information visit:

- [COVID-19 Vaccine Youth Information](#)
- [What Youth Need to Know About their Appointment](#)
- [COVID-19 Vaccine Youth Consent Form](#)
- [COVID-19 Vaccine Information Sheet](#)

First & Second Dose Information

Individuals still looking to get their COVID-19 vaccinations should visit one of the various clinics taking place across Renfrew County and District each week. To see the latest schedules, visit [RCDHU's COVID-19 Vaccine Rollout Webpage](#).

Another great option is to visit a local participating pharmacy. To find the closest pharmacy that is offering COVID-19 vaccinations, visit Ontario's online link for [COVID-19 pharmacy vaccine locations](#).

You can also check in with your primary care provider to see if they have COVID-19 vaccine availability.

First & Second Dose Eligibility List



All residents **born in 2009 or earlier** (turning 12 years of age or older in 2021) are now eligible to book a first and second dose appointment for vaccination.



COVID-19 Third Dose Information

Visit [Ontario's COVID-19 vaccine rollout webpage](#) for up-to-date information on the vaccine and implementation phases.

RCDHU FAQ: [What You Need to Know About a Third Dose](#).

COVID-19 Proof of Vaccination Differs for Canadian Armed Forces Members

Renfrew County and District Health Unit (RCDHU) is notifying businesses and facilities that proof of vaccination looks different for military members. While non-CAF members must show government documentation accompanied by picture identification (ID), military members are required to show their CAF-issued vaccination booklet along with their military ID. Please note that proof of vaccination for CAF members can be in the form of an entry in a vaccination booklet, a sheet of paper or a card.

The authenticity of these documents can be confirmed by verifying that the name and service number on the document matches those on the individual's military identification card.

Providing Proof of Vaccination

As of October 15, 2021, individuals have the choice to download the enhanced vaccine certificate scannable QR code from the COVID-19 vaccination portal.

To save your vaccine certificate with a QR code to your phone, log-in to the COVID-19 vaccination portal using your Apple or Android phone.

- Select "Get your vaccine receipt"
- Scroll to bottom of page under "To download your proof of vaccination or book an appointment" and check off the "Terms of Use" box
- Click "continue"
- Fill out the following form using your date of birth, health card info, and postal code. Click "continue"
- Next, you'll get two options: 1) booking a vaccination appointment and 2) access vaccine receipts. Click "continue" on yellow box that says "Proof of Vaccination"
- Click "Download proof of vaccination" to save on your phone.

For more information visit: [Using your Enhanced Vaccine Certificate: Frequently Asked Questions](#)

Partner Websites

