



"Optimal Health for All in Renfrew County and District"

For Immediate Release

(Pembroke, Ontario, 9:45 a.m., October 13, 2021)

Renfrew County and District 2021/2022 Flu Campaign

Renfrew County and District Health Unit (RCDHU) is working with primary care and community partners to plan and implement a Renfrew County and District Flu Campaign.

The Ministry of Health is releasing flu vaccine in stages across the province to priority groups, beginning in October with individuals at high-risk of complications or hospitalization due to influenza, and health care providers. Individuals who are eligible and should contact their health care provider or visit a participating pharmacy to receive their flu shot include:

- pregnant women,
- children 6 months to 4 years of age,
- adults 65 years of age and older,
- Indigenous people,
- and individuals living with chronic health conditions.

For full details, visit: <https://www.ontario.ca/page/flu-facts>.

Community flu clinics will begin in November, pending the announcement of the provincial launch. **Please watch RCDHU's website and local media for upcoming information on dates, locations, and other details.**

"We are asking individuals who do not meet the criteria for priority populations to have patience while awaiting the release of vaccine. In the meantime, we must remind people that the standard COVID-19 precautions go a long way and are the best way to prevent the spread of the flu and COVID-19 - stay home if sick, avoid contact with people who are ill, practice physical distancing (2 metres), wear a mask/face covering when physical distancing cannot be maintained, wash our hands, and use the COVID Alert App," states Dr. Cushman.

For more information visit RCDHU's website at: <https://www.rcdhu.com/> or call 613-732-3629 ext. 509.

- 30 -