

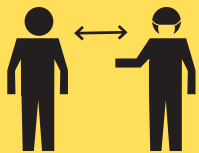
STAY HOME IF UNWELL

Complete a COVID-19 screening tool daily before leaving home. Stay home if you have **ANY** symptom(s).



WEAR A MASK as much as possible:

- indoors AND outdoors
- when physical distancing is difficult to maintain anyone outside your immediate household
- when travelling in vehicles with anyone outside your immediate household



STAY 2 METRES APART whenever possible:

- while indoors
- while around those that do not live in your immediate household
- Connect with others virtually if possible



Practice Frequent Hand Hygiene

- wash your hands with soap and water
- use alcohol-based hand sanitizer if soap and water is unavailable



Get Fully Vaccinated

- Receiving two doses of the COVID-19 vaccine is the best way to protect yourself from COVID-19 and variants of concern

