



Renfrew County and District Health Unit
"Optimal Health for All in Renfrew County and District"

For Immediate Release

(Pembroke, Ontario, 4:15 p.m., April 6, 2021)

Advisory issued for low-risk COVID-19 exposure at Metro in Arnprior

Today, Renfrew County and District Health Unit (RCDHU) is confirming that an individual has tested positive for novel coronavirus 2019 (COVID-19). This individual was wearing the required personal protective equipment (PPE). The risk of exposure is considered low for those who attended the facility. **Out of an abundance of caution, this low-risk advisory is being issued for individuals who attended Metro (375 Daniel Street South) during the following:**

- **Metro (Arnprior): Thursday, April 1, 2021, between 7:00 a.m. to 4:30 p.m.**
- **Metro (Arnprior): Saturday, April 3, 2021, between 7:00 a.m. to 12:30 p.m.**

If you visited Metro during the indicated times, please self-monitor closely for [COVID-19 symptoms](#).

If you develop COVID-19 symptoms, immediately self-isolate and contact the Renfrew County Virtual Triage Assessment Centre (RCVTAC) at 1-844-727-6404 to arrange for testing.

All necessary precautions are being followed to ensure the safety of the public. RCDHU is conducting case and contact management with appropriate individuals and organizations.

Remember, we need to work together to stop the spread of COVID-19. Stay home. Stay Safe. Save lives. With the Provincewide Emergency Brake Shutdown in place, you should:

- stay home as much as possible;
- limit close contact to your household (the people you live with) and stay at least 2 metres apart from everyone else;
- limit trips outside your home to necessities, such as getting food or medication, going to medical appointments, supporting vulnerable community members, child care and getting exercise or walking pets

Always:

- stay home if you have symptoms, even if they are mild;
- stay two metres apart from people you don't live with;
- wear a mask or face covering in indoor public spaces or any time physical distancing is not possible.

It is imperative to follow all public health measures to keep the community safe. Remember to use the COVID-19 Alert App, complete the [COVID-19 self-assessment tool](#) if you are symptomatic, and complete the [COVID-19 worker and employee screening tool](#) or [COVID-19 school and child care screening tool](#) before going to work, school or daycare.

For more information, visit RCDHU's website at <https://www.rcdhu.com/novel-coronavirus-covid-19-2/> or call 613-732-3629 or 1-800-267-1097. Check the following COVID-19 Testing Schedule for [April 5-10](#) for testing sites near you.

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