



Renfrew County and District Health Unit  
"Optimal Health for All in Renfrew County and District"

## For Immediate Release

---

(Pembroke, Ontario, 3:05 p.m., April 30, 2021)

### **RCDHU Confirms COVID-19 Outbreak at Private Home Day Care in Arnprior**

Today, Renfrew County and District Health Unit (RCDHU) is confirming a COVID-19 outbreak at a private home day care in Arnprior. To date, there are 2 individuals that have received a positive laboratory-confirmed case of novel coronavirus 2019 (COVID-19) and there could potentially be more cases to come. The day care is closed until further notice.

RCDHU staff is actively investigating the cases and **all high-risk contacts have been notified that they have recently been exposed to COVID-19. All high-risk contacts have been contacted by the RCDHU case and contact management team. If you are a [high risk contact](#):**

- You MUST [self-isolate](#) and [self-monitor](#) for symptoms for 14 days. Do NOT return to work, school or child care, in-person;
- Immediately self-isolate and contact Renfrew County Virtual Triage Assessment Centre (RCVTAC) at 1-844-727-6404 to **arrange for testing. You must book an appointment for testing immediately and then again 10 days after exposure.**
- If test result is negative, continue 14-day isolation because of exposure and because COVID-19 could have been developing (incubating) at time of test;
- If test result is positive, continue to self-isolate and you will be contacted by RCDHU.

### **If you have been directed to self-isolate, you are required to:**

- Stay home. Do not go to work, school, child care, or public places. You can go outside, but you must stay on your own property. Do not walk around the neighbourhood.
- Avoid contact with others. No visitors unless deemed essential (e.g. care providers), stay in a separate room away from other people within your household, use a separate bathroom if possible.
- If these steps are not possible, maintain a distance of 2 metres from others at all times.
- Keep your distance. If you are in a room with other people, keep a distance of at least 2 metres and wear a mask or face covering that covers your nose and mouth.
- Wash your hands often with soap and water or an alcohol-based hand sanitizer.

It is imperative that everyone do their part to stay home if they are sick, avoid contact with people who are ill, practice physical distancing (2 metres), wear a mask/face covering when physical distancing cannot be maintained, wash their hands, use the COVID Alert App and complete the COVID Alert App and complete the [COVID-19 self-assessment tool](#) or [COVID-19](#)

[school and child care self-assessment tool](#) daily before going to work, school or daycare, to monitor for symptoms and proper guidance.

For more information, visit RCDHU's website at <https://www.rcdhu.com/novel-coronavirus-covid-19-2/> or call 613-732-3629 or 1-800-267-1097.

- 30 -

Renfrew County and District Health Unit

Fax: 613-735-3067

[media@rcdhu.com](mailto:media@rcdhu.com)

[www.rcdhu.com](http://www.rcdhu.com)