



Renfrew County and
District Health Unit

Covid-19 Guidance for Sports and Recreational Facilities

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This document provides public health guidance and regulatory requirements for sports and recreational facilities in Renfrew County and District (RCD) to help control the spread of COVID-19. The requirements and recommendations provided in this document are pursuant to [Ontario Regulation 364/20](#) and the Province of Ontario's public health recommendations during Stage 3 contained in "[Guidance for facilities for sports and recreational fitness activities during COVID-19](#)"

This document does not constitute legal advice and does not replace the need for sports, recreation and fitness businesses and organizations to consult requirements from the Province of Ontario, including Ontario's COVID-19 Response Framework, O. Reg. 364/20, O. Reg. 263/20 and O. Reg. 82/20. There may be situations where provincial rules and local public health rules vary in levels of restriction. Please review Ontario Regulation 364/20 for sports and recreational requirements based on colour zone, as requirements may change quickly on short notice. For colour zone requirements, see Appendix A accompanying this document. Sports, recreation and fitness businesses/organizations must ensure compliance with the measure that is most restrictive in terms of preventing the spread of COVID-19.

Keeping COVID-19 community transmission low is important to help prevent the introduction and spread of the virus into the community, particularly through the participation in sporting activities. It is important to remember that even with precautions, participating in sporting activities with others is considered high risk for COVID-19 transmission. Everyone should consider the risk to themselves and other residents when choosing to engage in these types of activities. Sport and recreational facilities are responsible for developing a [safety plan](#) and protocols which meet the guidelines provided by the province and encompass all of the public health measures. Sports teams/cohorts/leagues should develop a safety plan in consultation with their applicable sport's governing body.

We have seen in various cases and outbreaks associated with sports where transmission has likely occurred because of inconsistent adherence to several public health measures, including using indoor facilities like dressing rooms, carpooling with members from multiple households, individuals coaching more than one team/cohort, individuals playing or training with more than one team/cohort, along with not consistently wearing masks when required. For all sporting activities we encourage you to be familiar with and assess your personal risks, obtain the information from the organizers on their COVID-19 safety plan and ensure that athlete's follow all the public health measures including screening, masking, hand hygiene and cleaning and sanitization along with adequate physical distancing.

Employers should refer to sector-specific guidance provided by the [Province of Ontario](#) and the [Ministry of Labour, Training and Skills Development \(MLTSD\)](#) to better understand how to prevent the spread of COVID-19. Based on community needs, some municipalities and local medical officers of health have exercised their authority to implement more restrictions or requirements. It is important that you are aware of public health practices in your area of operation.



A. GENERAL PUBLIC HEALTH REQUIREMENTS

Facility Attendance

It is recommended that sports and recreational facilities implement capacity control measures (i.e. parking lot monitoring, booking times, online reservations, spectator gathering limits per day, etc.) to ensure that the sporting event meets provincial gathering limits. These limits ensure **two metre** physical distance can be maintained between people while indoors and outdoors, and that social gatherings are not being conducted at the facility (i.e. gathering in parking lot after game). Discourage social gatherings outside household groups and among staff members. Social gatherings in groups greater than 10 indoors and 25 outdoors is prohibited. Staff should not be congregating without purpose, including in lunch/break rooms. Encourage individuals to arrive as close to game/practice time for example, no more than 20 minutes early to a game/practice. Individuals should also leave the facility immediately when the game/practice is over.

Regarding scheduling of events, facility operators are discouraged from renting facilities to individuals or teams from outside RCD. This includes renting for scrimmages against teams from outside RCD. There should be enough time between events to allow for adequate cleaning and disinfection of required equipment, common high touch areas and removal of garbage. Time between events must allow for participants/spectators/coaches involved to fully vacate the premise **before** participants involved in the subsequent event are permitted to enter the outdoor or indoor areas of the facility. Crossover between events should be minimized. This also applies if two events are occurring simultaneously at the same premise, there must be means of separation between them (i.e. fencing/rope between fields or using furthest fields) so players/spectators/coaches are encouraged to keep to their appropriate area. This also ensures capacity limits, physical distance, and league player limits (cohorts) can be maintained.

In the YELLOW, ORANGE and RED ZONES, no member of the public may enter a sport or recreational facility unless they have made a reservation to do so. In the case of members of the public participating in a team sport, only one reservation per team is required.

Food premises (see FOOD PREMISES in section F. below) at a sports and recreational facility (i.e. canteen) are subject to Ontario Regulation 364/20, gathering limits, screening and record-keeping requirements contained in section 1 of schedule 2 of the regulation. See [Ontario Regulation 364/20](#) for all requirements.

League/Group Capacity Limits

A sports league/group must follow requirements of Ontario Regulation 364/20 regarding sports and recreation, including a maximum of 50 players per league/group, also called a cohort. Once a cohort is established, a team in that cohort **cannot** play against a team from a different cohort, regardless of the length of time that has passed between games or practices. This includes when playing in tournaments. With players still



participating in school, work or other daily activities, the 14-day period is not considered an isolation period. Thus, cohorts of a maximum 50 players cannot be periodically reset. Referees, coaches, and other staff are not included in league numbers.

Consider the following when setting up league play:

- Fewer players per team which would allow for more teams in one league, increasing the variety in opponents. This would also allow for greater physical distancing while on the player's bench.
- Modify game play to foster greater physical distancing between players (e.g. 3-on-3 hockey; 3-on-3 basketball; 5-on-5 indoor soccer; 7-on-7 outdoor soccer, etc). This may not be realistic in baseball due to the size of the playing field, type of game played, and general sufficient physical distancing between players.
- Recommend players play in only one league at a time. This would help limit the number of close contacts between people should a public health situation arise.
- Keep leagues within one Health Unit to avoid potential issues between Health Unit regions. For example, a municipality may choose to restrict use of their facility to people who live in their Health Unit region only. This would also prevent issues related to restrictions in one region that are different from another region.

The Province of Ontario continues to recommend limiting travel outside of their region, except for essential purposes. This is especially important travelling between counties in different colour zones. Municipalities can take action to restrict use of its sports and recreation facilities to people who live in their health unit region.

Physical Distancing

Ontario Regulation 364/20 requires that every person who attends a sport or recreational fitness activity maintain a physical distance of at least **two metres** from every other person at all times, unless engaged in sport. Sports and recreational activities must not allow for physical contact between players or can be modified to avoid physical contact between the players (i.e. no body checking).

If players, coaches, staff, and spectators are permitted to consume food or drink at the facility, they can only do so if they are seated and at least two metres from anyone outside of their household. Once seated, masks/face coverings can be removed to eat or drink and must be put on once finished. It is especially important to maintain 2 metre physical distancing when not wearing a mask.

Screening and Record-Keeping

Sports and recreational facilities are required to screen all staff/volunteers prior to commencing their shift at the facility and keep these records for a period of 30 days. Guidance for active screening can be found [here](#). This also applies to staff and volunteers who also attend outdoor settings at sports and recreational facilities, even if they do not go inside a building.

The league convenor or coach must ensure that screening is conducted by all players prior to engaging in the activity. Screening records must be retained by the league for



30 days and made immediately available upon request.

Screening signage must be posted at the main entrance to the facilities used by patrons. When outdoors, signage can be posted where patrons park their vehicles or approach the grounds. Guidance for screening can be found [here](#).

Hand hygiene

Hand hygiene is one of the key control measures to help prevent transmission of respiratory illnesses such as COVID-19. Hand Sanitizer with 70-90% alcohol content should be provided at every entrance and be placed in convenient areas of the facility (indoors and outdoors) for people to use. Coaches and players should be encouraged to carry hand sanitizer.

Lineups

Ontario Regulation 364/20 requires that businesses and organizations ensure every member of the public is able to maintain a physical distance of at least **two metres** from every other person who is not part of the same household. Accordingly, all indoor and outdoor lineup locations including for tickets/admission, washroom facilities and food and beverage services must adhere to the physical distancing requirements. All individuals must wear a mask in any indoor or outdoor line up, unless an exemption from Ontario Regulation 364/20 applies.

Miscellaneous

- Instruction given to those engaged in a class, an organized program or an organized activity that is not a sport, must be delivered through a microphone if the instructor would need to raise their voice beyond the level of normal conversation, so as to not encourage loud talking, singing or shouting.
- Music must not be played in the facility at a decibel level that exceeds the level at which normal conversation is possible.
- Players/coaches/spectators should not spit, share water bottles or food, shake hands, high five, hug etc.
- Spectators should not go on the field, dugout or in team/player designated areas or touch team/player equipment.
- Spectators are encouraged to bring their own chairs for personal use to ensure physical distance is maintained.
- Encourage players to bring their own equipment to minimize sharing and cross contamination.
- Avoid personal clothing, equipment or electronics etc. being left in common places/close to others. Minimize personal items brought to the game and store them away when possible.
- Floor fans, pedestal fans or high-powered fans on/near the floor should not be used as they generate strong air currents within breathing zones or across surfaces which may contain virus particles. If ceiling fans are present, the location of the fans should not allow droplets blowing from one person to another. High ceiling fans (e.g., 25 feet up in a gym), are less of a concern than low ceiling fans.



- If indoors, avoid stagnant air conditions by opening windows and maximizing outdoor air ratio of the heating, ventilation and air conditioning (HVAC) system settings. Avoid recirculation of air as much as possible.
- Limit the use of water fountains to re-fill water bottles only, not for individuals to drink directly from them.

B. FURTHER OUTDOOR REQUIREMENTS

Capacity Limits

As outlined in Ontario Regulation 364/20, should an outdoor organized sporting event (i.e. tournament, game, race, etc.) proceed, the outdoor gathering limit is a maximum of 50 participants plus a maximum of 100 spectators. This limit of 100 would be permitted for each separate playing area as long as there is a means of separating the sports grounds (i.e. rope or signage or physical location). This separates the grounds, limits spectators passing between fields/areas, and allows for capacity limits to be maintained. Referees, coaches, and other staff are not included in spectator numbers.

At any given time, no more than 100 individuals can be present outdoors at the facility in all of the outdoor classes, organized programs or organized activities taking place. Specific to the YELLOW and ORANGE ZONES, any outdoor fitness or exercise class must have no more than 25 people as long as they can maintain **three metres** of distance at all times.

Meeting and event spaces are subject to outdoor gathering limits set out in section 4 of schedule 1 of Regulation 364/20 (green, yellow, and orange zones), which allows for the capacity to be no more than 100 persons if the meeting or event is outdoors, and two metre physical distancing can be maintained at all times.

Masks and Face Coverings

Masks must be worn outside when 2 metre physical distancing is unable to be maintained. Masking signs are available [here](#). Staff that have to work within 2 metres of an unmasked person must wear a medical mask and eye protection i.e. face shield.

C. FURTHER INDOOR REQUIREMENTS

Capacity Limits

In the YELLOW ZONE, should an indoor organized sporting event (i.e. tournament, game, race, etc.) proceed, the indoor gathering limit is a maximum of 50 participants plus a maximum of 50 spectators.

At any given time, no more than 50 individuals can be present indoors at the facility in all of the indoor classes, organized programs or organized activities taking place. Specific to the YELLOW and ORANGE ZONE, any indoor fitness or exercise class must have no more than 10 people while maintaining **three metres** of physical distance between them at all times. Each class must also take place in a separate room.



Meeting and event spaces are subject to indoor gathering limits, which allows for the capacity to be no more than 50 persons if the meeting or event is indoors and two metre physical distancing is maintained at all times. This includes all indoor areas of facilities for sports and recreational activities, including equipment rental, common areas, change rooms and washrooms. Therefore, it is recommended that each room and area within the facility be assessed for occupancy on the basis of four square metres per person and monitor for adherence to this limit.

Masks and Face Coverings

Ontario Regulation 364/20 requires everyone, including employees, volunteers and members of the public to wear masks or face coverings in a manner that covers the nose, mouth, and chin at all times inside sports and recreational facilities. Employees in areas not accessible to the public must wear masks in work areas where they cannot maintain physical distancing from other staff members. Signs are available from [RCDHU](#) or see the updated [Government of Ontario guidance](#) for mask and face covering requirements along with exceptions based on Ontario Regulation 364/20. Masks can be removed by those seated to eat or drink (if eating/drinking is permitted at the facility) as long as they are two metres away from others. Masks must be put back on once finished eating.

Contact Information and Record-Keeping

Contact information is required for staff, volunteers, players, spectators, etc. who enter the sports and recreational facility. Records must be kept for at least 30 days and made immediately available upon request.

D. DISINFECTION

Disinfection recommendations for sports and recreational fitness facilities are set out in the Province of Ontario's Guidance for facilities for sports and recreational fitness activities during COVID-19. See the section entitled *Recommendations for health and safety* and specific instructions.

Only use cleaning and disinfecting products that have a Drug Identification Number (DIN), are not expired, and are appropriate for use on the item that is to be cleaned and disinfected. Low-level hospital grade disinfectants may be used. Always follow the manufacturer's instructions.

Equipment and High Touch Surfaces

Activities must not be practiced or played within the facility if they require the use of fixed structures that cannot be cleaned and disinfected between each use or, where used in a game or practice, at the end of play.

Any equipment that is rented to or provided to users of/at the facility must be cleaned and disinfected between each use or, where used in a game or practice, at the end of play, such as at the completion of a game or practice. This includes free weights,



weight machines, treadmills, rowing machines, stationary bikes, classroom areas, balls, rackets, gloves, and other sports gear - including having a dedicated worker to ensure cleaning between uses.

If shared equipment cannot be adequately cleaned and disinfected between use/players (due to difficult to clean, absorbent, permeable material), it must be taken out of play after use/game and must not be used until a quarantine period of at least 72 hours is completed.

Increasing the frequency of cleaning and disinfecting of high-touch surfaces and common or shared spaces, such as washrooms, lobbies, change rooms, areas for workouts and classes, players and spectator seating areas (not outdoors), and workout equipment. Refer to PHO's [Cleaning and Disinfection for Public Settings fact sheet](#) (PDF). The surfaces most likely to become contaminated include door handles, handrails, toilet and faucet handles, counters, pin pads, and touch screens. Allow the disinfectant sufficient contact time (see product label) between bookings.

Decrease touchpoints such as keys and lockers and consider contactless check-in and touch-free payment systems.

Change Rooms/Washrooms

- The use of disposable paper towels is preferred over the use of hand dryers in washrooms or change rooms.
- Must be cleaned and disinfected at least twice per day when open and between groups. Encourage players to come dressed to play.
- Must be arranged to facilitate physical distancing while in use, consider blocking/ alternating urinals, lockers, showers and other amenities.
- Must be prepared for physical distancing (e.g., mark an "X" where people must sit). Block or mark off benches/seats to encourage physical distancing,
- Limited in the amount of people that can be in the change room at once which would allow for 2 metre distancing.
- If showers remain open (recommend closing them), ensure they are cleaned and disinfected between each use and users are spaced 2 metres apart when in communal showers.

E. SYMPTOMATIC PATRONS AND STAFF

Recommendations for symptomatic patrons or workers are set out in the Province of Ontario's Guidance for facilities for sports and recreational fitness activities during COVID-19. See the section entitled *Recommendations for symptomatic patrons or workers* and specific instructions including:

"Patrons or workers who become unwell while at the facility should be instructed to immediately self-isolate and separate themselves from others. They should be told to go home immediately (if possible, with private transportation, avoiding taxis, ride shares,



and public transit) and should be encouraged to get tested. Information about testing can be found [here](#). If they have questions related to COVID-19, they should contact their primary care provider or RC VTAC at 1-844-727-6404 or visit Ontario's [COVID-19 website](#). Workers who become unwell while at work should notify their supervisor immediately."

F. FOOD PREMISES

Protocols and Procedures for Food Service

Owners or operators of all businesses in Renfrew County and District must have policies in place for people entering **indoor** premises (e.g. indoor dining including washroom use), if they are not wearing a mask or face covering.

RCDHU is mandating all food premise operators to keep the name and contact information for every member of every party of patrons who dine indoors or on a patio/picnic table associated with the premise. The records must be maintained for at least 30 days and made immediately available upon request.

The capacity of the food premise is to be limited by the availability of physically distanced seating. Rearrange and/or remove seating and tables, or mark as unavailable, to ensure there is a minimum of two metres between customers seated at different tables unless separated by Plexiglas or some other impermeable barrier (e.g. between back to back booths). In the YELLOW ZONE, no more than six people are permitted per table (unless households contain larger families), they are all members of the same household, or seated with a member of one other household who lives alone or a caregiver for any member of the household.

Install floor markers for any area where a line-up may occur in order to maintain physical distancing.

Post signage that promotes wearing of face coverings, self-screening and physical distancing. Sample signage can be found [here](#). Servers must wear face coverings indoors and outdoors. Servers are required to wear BOTH a medical mask and eye protection i.e. face shield if they will be working within two metres of an unmasked person. Masks are required by all staff and customers at all times, except for customers when seated to eat/drink.

Ensure staff are properly trained on how best to serve food, maintain safe physical distancing and avoid unnecessary handling (e.g. serve to front of table and let customers distribute, avoid handling coffee cups when refilling, let customer fill/pack leftovers in containers).

Recommend that hand sanitizer be readily available either on tables or at the entry of the food premises.

Buffet style service is not permitted. Use menus that are single-use paper, online for



customers' mobile devices, menu-boards, chalkboards. If regular menus are used, they need to be cleaned between uses.

Do not pre-set tables. Utensils should be rolled or packaged and brought out when customers are seated. Replace regular condiments with single serve versions, or sanitize between uses. Consider disposable napkins, etc.

Pool tables, dart boards etc. are permitted providing the following:

- One player at a time – maintain physical distancing of 2 metres from others persons.
- All equipment used is cleaned and sanitized after each use.
- Masks/face coverings are used while engaged in play.
- No food/drink while engaged in play.

For additional instruction and guidance on food service operation please refer to [RCDHU's COVID-19 Public Health Guidance for Food Premises.](#)

G. GENERAL RECOMMENDATIONS FOR SPORTS AND RECREATION

To assist the sports and recreational facilities with policy development and review, a resource package in addition to [Ontario Regulation 364/20](#) is set out below to ensure your procedures incorporate necessary control measures to help prevent transmission of COVID-19. Here is a list of resources for the package:

- [RCDHU FAQs Workplace Safety for Employers and Employees](#)
- [WSPS Guidance on Health and Safety for the Sports Sector during COVID-19](#)
- [Guidance for facilities for sports and recreational fitness activities during COVID-19](#)
- [CCOHS Guidance for Sports Activities](#)
- Face covering [FAQ](#) and [Do's and Don'ts of Wearing a Face Covering](#)
- Hand hygiene factsheets ([hand washing and alcohol based hand rub](#))
- PHO [cleaning and disinfecting](#) factsheet
- [Guide for Developing your Workplace COVID Plan](#)
- Provincial [resources for workplaces](#)
- Training video for staff training [how to wear a mask](#)

Additional recommendations for consideration include:

- Encourage the use of the [Ontario self-assessment website](#) for COVID-19 before visiting the facility or through social media
- Screening information for [employees](#) and the [public](#)
- Crowd control measures for spectators and parking lots should be considered for each facility and addressed within the policies.

If you have further questions regarding the regulatory requirements and/or recommendations, please contact a public health inspector at 613-732-3629.



Appendix A Sports and Recreation Colour Zone Quick Reference Guide

	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Physical Distancing	Maintain at least a 2 metre physical distance of from every other person unless engaged in a sport.	Maintain at least a 2-metre physical distance from every other person unless engaged in a sport. Maintain at least a 3-metre physical distance from people using weights or exercise machines and from people engaged in fitness or exercise classes.	Maintain at least a 2-metre physical distance from every other person unless engaged in a sport. Maintain at least a 3-metre physical distance from people using weights or exercise machines and from people engaged in fitness or exercise classes.	For indoor and outdoor exercise classes not in a community centre : 1. Fitness or exercise class: 3 metre physical distancing 2. Every person participating in any other kind of class, organized program or organized activity must maintain a physical distance of at least 2 metres. 3. Any person who enters or uses the amenity must maintain a physical distance of at least two metres from any other person who is using the amenity.
Screening	Individuals must conduct self screening prior to entering the indoor premises of the facility.	Individuals must conduct self screening prior to entering the indoor premises of the facility.	The facility must actively screen individuals in accordance with advice, recommendations and instructions of the Office of the Chief Medical Officer of Health before they enter the indoor premises of the facility.	The facility must actively screen individuals in accordance with advice, recommendations and instructions of the Office of the Chief Medical Officer of Health before they enter the indoor premises of the facility.



	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Capacity Limits	<p>The total number in classes, organized programs and organized activities at any one time limited to the number that can maintain a physical distance of at least two metres from other persons in the facility, and in any event cannot exceed:</p> <p>50 persons indoors 100 persons outdoors</p> <p>Total capacity in all areas of facility containing weights or exercise machines is 50 persons who are physically distanced by at least 2 metres.</p>	<p>The total number in classes, organized programs and organized activities at any one time limited to the number that can maintain a physical distance of at least two metres from other persons in the facility, and in any event cannot exceed:</p> <p>50 persons indoors 100 persons outdoors</p> <p>Indoor fitness or exercise class at the facility maintain at least 3 metre physical distance, and in any event cannot exceed 10 people,</p> <p>ii. each indoor fitness or exercise class at the facility must take place in a separate room, and</p> <p>iii. the total number of members of the public permitted to be in any particular outdoor fitness or exercise class at the facility is a maximum of 25 while maintaining 3 metres physical distance.</p>	<p>The total number in classes, organized programs, organized activities, and areas containing weights or exercise machines at any one time is limited to the number that can maintain a physical distance of at least two metres from other persons in the facility, and in any event cannot exceed:</p> <p>50 persons indoors 100 persons outdoors</p> <p>Indoor fitness or exercise class at the facility maintain at least 3 metre physical distance, and in any event cannot exceed 10 people,</p> <p>ii. each indoor fitness or exercise class at the facility must take place in a separate room, and</p> <p>iii. the total number of members of the public permitted to be in any particular outdoor fitness or exercise class at the facility is a maximum of 25 while maintaining 3 metres physical distance.</p>	<p>The total number in classes, organized programs and organized activities not in a community centre: any one time limited to the number that can maintain a physical distance of at least two metres from other persons in the facility, and in any event cannot exceed:</p> <p>10 persons indoors 25 persons outdoors</p> <p>Total capacity in all areas of facility (not in a community centre) containing weights or exercise machines is 10 persons who are physically distanced by at least 3 metres.</p> <p>Total capacity in all areas of facility (not in a community centre) that provides indoor classes, organized programs or organized activities AND also has one or more areas containing weights or exercise machines, must not exceed 20 persons at any one time.</p>



	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Spectators	<p>The total number of spectators permitted to be at the facility at any one time must be limited to the number that can maintain a physical distance of at least two metres from every other person in the facility, and in any event cannot exceed,</p> <ul style="list-style-type: none"> i. 50 spectators, if the spectators will be indoors, or ii. 100 spectators, if the spectators will be outdoors. 	<p>The total number of spectators permitted to be at the facility at any one time must be limited to the number that can maintain a physical distance of at least two metres from every other person in the facility, and in any event cannot exceed,</p> <ul style="list-style-type: none"> i. 50 spectators, if the spectators will be indoors, or ii. 100 spectators, if the spectators will be outdoors. 	<p>No spectators are permitted to be in the facility, but each person under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian.</p>	<p>No spectators are permitted to be in the facility. However, a person under the age of 18 years who is engaged in activities in the facility may be accompanied by one parent or guardian.</p>
Organized Team Sports	<p>Organized team sports leagues must</p> <ul style="list-style-type: none"> i. contain no more than 50 players and not permit teams to play against teams outside of the league, or ii. divide teams into groups of 50 or fewer players and not permit teams in different groups to play against one another or against teams outside of the league. 	<p>Organized team sports leagues must</p> <ul style="list-style-type: none"> i. contain no more than 50 players and not permit teams to play against teams outside of the league, or ii. divide teams into groups of 50 or fewer players and not permit teams in different groups to play against one another or against teams outside of the league. 	<p>Organized team sports leagues must</p> <ul style="list-style-type: none"> i. contain no more than 50 players and not permit teams to play against teams outside of the league, or ii. divide teams into groups of 50 or fewer players and not permit teams in different groups to play against one another or against teams outside of the league. 	<p>No practising or playing of team sports within the amenity, with the exception of training sessions that do not include games for members of a sports team.</p> <p>Activities that are likely to result in individuals coming within two metres of each other must not be practised or played within the facility.</p>



	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Playing of Sports	Modify or prohibit physical contact when playing or practicing sports.	Modify or prohibit physical contact when playing or practicing sports.	Modify or prohibit physical contact when playing or practicing sports.	No practising or playing of team sports within the amenity, with the exception of training sessions for members of a sports team that do not include games.
Cleaning and Disinfection	<p>Any washrooms, locker rooms, change rooms, showers or similar amenities made available to the public are cleaned and disinfected as frequently as is necessary to maintain a sanitary condition</p> <p>Any equipment that is rented to, provided to or provided for the use of users of the facility must be cleaned and disinfected between each use or, where used in a game or practice, at the end of play, such as at the completion of a game or practice.</p> <p>Activities must not be practised or played within the facility if they require the use of fixed structures that cannot be cleaned and disinfected between each use or at the end of play, where used in a game or practice.</p>	<p>Any washrooms, locker rooms, change rooms, showers or similar amenities made available to the public are cleaned and disinfected as frequently as is necessary to maintain a sanitary condition</p> <p>Any equipment that is rented to, provided to or provided for the use of users of the facility must be cleaned and disinfected between each use or, where used in a game or practice, at the end of play, such as at the completion of a game or practice.</p> <p>Activities must not be practised or played within the facility if they require the use of fixed structures that cannot be cleaned and disinfected between each use or at the end of play, where used in a game or practice.</p>	<p>Any washrooms, locker rooms, change rooms, showers or similar amenities made available to the public are cleaned and disinfected as frequently as is necessary to maintain a sanitary condition</p> <p>Any equipment that is rented to, provided to or provided for the use of users of the facility must be cleaned and disinfected between each use or, where used in a game or practice, at the end of play, such as at the completion of a game or practice.</p> <p>Activities must not be practised or played within the facility if they require the use of fixed structures that cannot be cleaned and disinfected between each use or at the end of play, where used in a game or practice.</p>	<p>Locker rooms, change rooms, showers and clubhouses must be closed, except to the extent they provide access to equipment storage, a washroom or a portion of the amenity that is used to provide first aid.</p> <p>Any equipment that is rented to, provided to or provided for the use of users of the facility must be cleaned and disinfected between each use or, where used in a game or practice, at the end of play, such as at the completion of a game or practice.</p> <p>Activities must not be practised or played within the facility if they require the use of fixed structures that cannot be cleaned and disinfected between each use or at the end of play, where used in a game or practice.</p>



	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Time Restrictions	No time restriction, but it is recommended that no member of the public be indoors at the facility for longer than 90 minutes at a time unless the member of the public is in the facility to engage in a sport.	No time restriction, but it is recommended that no member of the public be indoors at the facility for longer than 90 minutes at a time unless the member of the public is in the facility to engage in a sport.	No member of the public may be indoors at the facility for longer than 90 minutes at a time unless the member of the public is in the facility to engage in a sport.	No member of the public may be indoors at the facility for longer than 90 minutes at a time unless the member of the public is in the facility to engage in a sport.
Contact Information and Record Keeping	<p>Recommend that the person responsible for the facility to ensure that,</p> <p>i. the name and contact information of every member of the public who enters an indoor area of the facility are recorded,</p> <p>ii. the records are maintained for a period of at least one month</p>	<p>The person responsible for the facility must ensure that,</p> <p>i. the name and contact information of every member of the public who enters an indoor area of the facility are recorded,</p> <p>ii. the records are maintained for a period of at least one month</p> <p>iii. the records are disclosed only to a medical officer of health or an inspector under the <i>Health Protection and Promotion Act</i> on request for a purpose specified in section 2 of that Act or as otherwise required by law.</p>	<p>The person responsible for the facility must ensure that,</p> <p>i. the name and contact information of every member of the public who enters an indoor area of the facility are recorded,</p> <p>ii. the records are maintained for a period of at least one month</p> <p>iii. the records are disclosed only to a medical officer of health or an inspector under the <i>Health Protection and Promotion Act</i> on request for a purpose specified in section 2 of that Act or as otherwise required by law.</p>	<p>The person responsible for the facility must ensure that,</p> <p>i. the name and contact information of every member of the public who enters an indoor area of the facility are recorded,</p> <p>ii. the records are maintained for a period of at least one month</p> <p>iii. the records are disclosed only to a medical officer of health or an inspector under the <i>Health Protection and Promotion Act</i> on request for a purpose specified in section 2 of that Act or as otherwise required by law.</p>



	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Line Ups	<p>Any person in line for the amenity or within the amenity must wear a mask or face covering in a manner that covers their mouth, nose and chin during any period that they are in the line, unless the person,</p> <p>i. is a child who is younger than two years of age,</p> <p>ii. has a medical condition that inhibits their ability to wear a mask or face covering,</p> <p>iii. is unable to put on or remove their mask or face covering without the assistance of another person,</p> <p>iv. needs to temporarily remove their mask or face covering as may be necessary for the purposes of health and safety,</p> <p>v. is being accommodated in accordance with the Accessibility for Ontarians with Disabilities Act, 2005, or</p> <p>vi. is being reasonably accommodated in accordance with the Human Rights Code.</p>	<p>Any person in line for the amenity or within the amenity must wear a mask or face covering in a manner that covers their mouth, nose and chin during any period that they are in the line, unless the person,</p> <p>i. is a child who is younger than two years of age,</p> <p>ii. has a medical condition that inhibits their ability to wear a mask or face covering,</p> <p>iii. is unable to put on or remove their mask or face covering without the assistance of another person,</p> <p>iv. needs to temporarily remove their mask or face covering as may be necessary for the purposes of health and safety,</p> <p>v. is being accommodated in accordance with the Accessibility for Ontarians with Disabilities Act, 2005, or</p> <p>vi. is being reasonably accommodated in accordance with the Human Rights Code.</p>	<p>Any person in line for the amenity or within the amenity must wear a mask or face covering in a manner that covers their mouth, nose and chin during any period that they are in the line, unless the person,</p> <p>i. is a child who is younger than two years of age,</p> <p>ii. has a medical condition that inhibits their ability to wear a mask or face covering,</p> <p>iii. is unable to put on or remove their mask or face covering without the assistance of another person,</p> <p>iv. needs to temporarily remove their mask or face covering as may be necessary for the purposes of health and safety,</p> <p>v. is being accommodated in accordance with the Accessibility for Ontarians with Disabilities Act, 2005, or</p> <p>vi. is being reasonably accommodated in accordance with the Human Rights Code.</p>	<p>Any person in line for the amenity or within the amenity must wear a mask or face covering in a manner that covers their mouth, nose and chin during any period that they are in the line, unless the person,</p> <p>i. is a child who is younger than two years of age,</p> <p>ii. has a medical condition that inhibits their ability to wear a mask or face covering,</p> <p>iii. is unable to put on or remove their mask or face covering without the assistance of another person,</p> <p>iv. needs to temporarily remove their mask or face covering as may be necessary for the purposes of health and safety,</p> <p>v. is being accommodated in accordance with the Accessibility for Ontarians with Disabilities Act, 2005, or</p> <p>vi. is being reasonably accommodated in accordance with the Human Rights Code.</p>



	Green (Regulation 364/20)	Yellow (Regulation 364/20)	Orange (Regulation 263/20)	Red (Regulation 82/20)
Reservations	No reservation required to enter the facility.	No member of the public may enter the facility unless they have made a reservation to do so. In the case of members of the public participating in a team sport, only one reservation per team is required.	No member of the public may enter the facility unless they have made a reservation to do so. In the case of members of the public participating in a team sport, only one reservation per team is required.	No member of the public may enter the facility unless they have made a reservation to do so. In the case of members of the public participating in a team sport, only one reservation per team is required.
Sound Level	<p>Music must not be played in the facility at a decibel level that exceeds the level at which normal conversation is possible.</p> <p>Any instruction given to members of the public who are engaged in a class, an organized program or an organized activity that is not a sport,</p> <p>i. must be delivered through a microphone if, without a microphone, the instructor would need to raise their voice beyond the level of normal conversation, and</p> <p>ii. must not encourage loud talking, singing or shouting.</p>	<p>Music must not be played in the facility at a decibel level that exceeds the level at which normal conversation is possible.</p> <p>Any instruction given to members of the public who are engaged in a class, an organized program or an organized activity that is not a sport,</p> <p>i. must be delivered through a microphone if, without a microphone, the instructor would need to raise their voice beyond the level of normal conversation, and</p> <p>ii. must not encourage loud talking, singing or shouting.</p>	<p>Music must not be played in the facility at a decibel level that exceeds the level at which normal conversation is possible.</p> <p>Any instruction given to members of the public who are engaged in a class, an organized program or an organized activity that is not a sport,</p> <p>i. must be delivered through a microphone if, without a microphone, the instructor would need to raise their voice beyond the level of normal conversation, and</p> <p>ii. must not encourage loud talking, singing or shouting.</p>	<p>Music must not be played in the facility at a decibel level that exceeds the level at which normal conversation is possible.</p> <p>Any instruction given to members of the public who are engaged in a class, an organized program or an organized activity that is not a sport,</p> <p>i. must be delivered through a microphone if, without a microphone, the instructor would need to raise their voice beyond the level of normal conversation, and</p> <p>ii. must not encourage loud talking, singing or shouting.</p>



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Other				Outdoor playgrounds, play structures and facilities containing outdoor fitness equipment may open. Pools, splash pads, spray pads and wading pools must be closed.

Version: March 26, 2021