



PUBLIC HEALTH NOTES

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A Reason to Smile!



If a child is showing dental symptoms, the family can contact RCDHU for HSO coverage.

Free dental screening assessments for children and youth can be accessed through RCDHU. Contact Dental Services for more information.

The Canadian Dental Association recommends that all children see a dental health professional by age one.

April is Oral Health Month!

HEALTHY SMILES ONTARIO (HSO)

For low-income households, HSO is a publicly funded program that provides free preventive, routine and emergency dental services for eligible children and youth aged 17 years and under. The program includes:

- Check-ups and cleaning
- Fillings
- X-rays
- Scaling
- Tooth extraction
- Emergency dental care

Families and teens can inquire about eligibility by contacting Renfrew County and District Health Unit (RCDHU). *Note:* Children and youth are automatically enrolled in HSO when they or their family are receiving Ontario Works or Ontario Disability Support Program.

FIRST VISIT BY FIRST TOOTH OR FIRST BIRTHDAY

Hygienists discuss the importance of oral health with parents, including topics like: taking care of baby teeth, brushing/flossing, cavity and gum disease prevention, and the impact of sugar in food and drinks. Parents can book this free screening by contacting RCDHU.

FREE ORAL HEALTH CLINICS AND SCHOOL SCREENINGS

A hygienist provides dental screening assessments for children 0-17 years of age. Hygienists check for signs of dental disease and problems that need treatment by a dentist. If an urgent dental need is identified, arrangements will be made with the teen or parent.

Contact Dental Services at (613) 735-8661 or dentalservices@rcdhu.com

For more information visit www.rcdhu.com