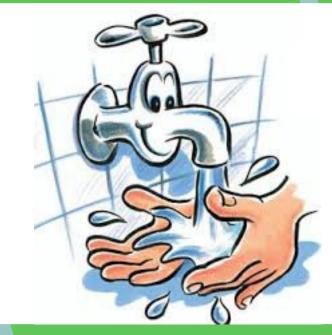
WASHING YOUR HANDS



Wet hands under warm running water.





Add soap to remove germs.





Rub hands together for **30 seconds**, making lots of bubbles.

