



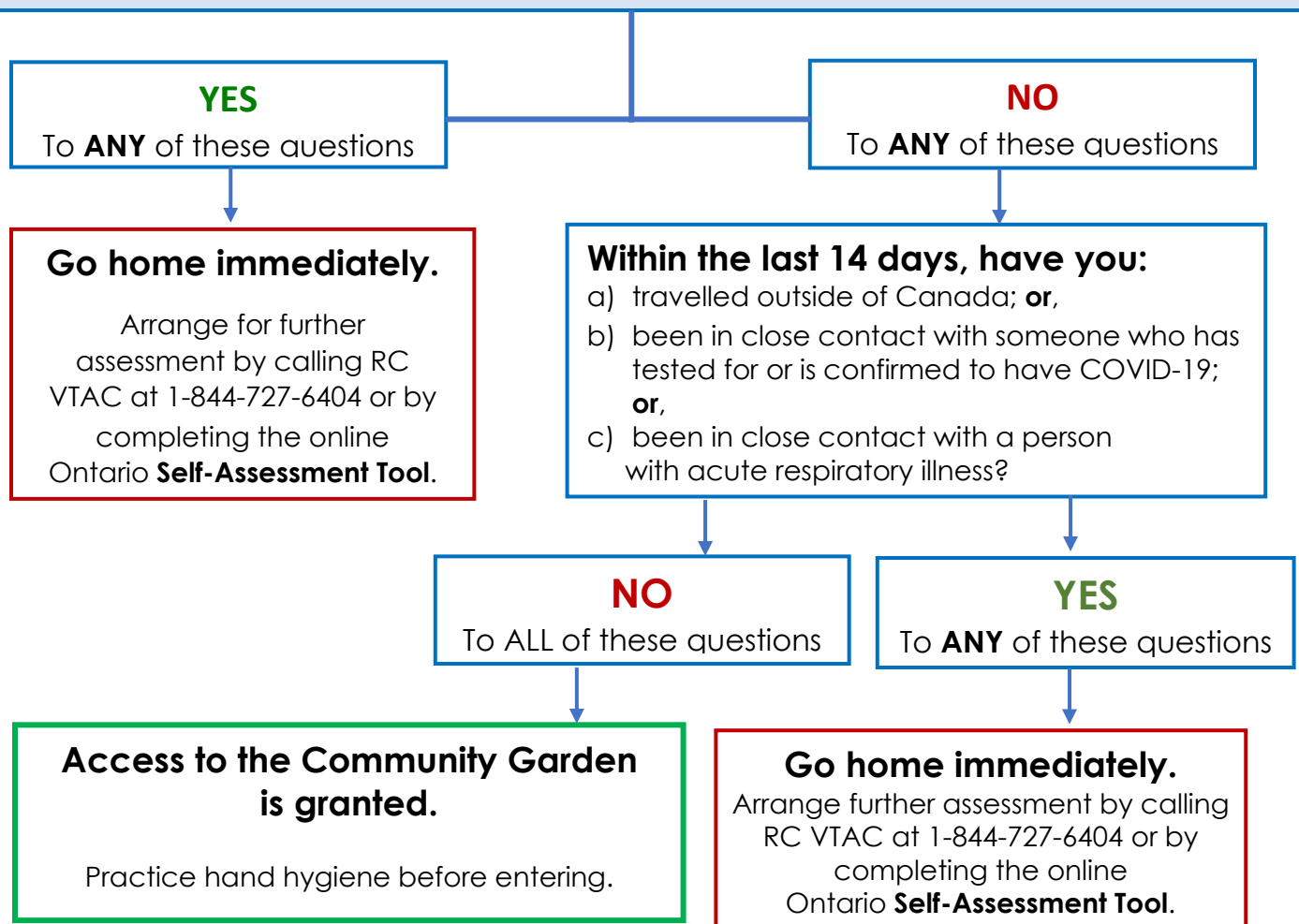
Renfrew County and District Health Unit

"Optimal Health for All in Renfrew County and District"

STOP

Should I Enter the Community Garden?

- Do you have a **fever, new or worsening cough** or **difficulty breathing**?
- Do you have other signs of a respiratory illness, including: **barking cough (squeaky or whistling noise when breathing), sore throat, chills, runny nose, sneezing, nasal congestion, hoarse voice, difficulty swallowing, new smell or taste disorder(s), headache, nausea/vomiting, diarrhea or abdominal pain**?
- Do you have other **new or unexplained symptoms**? See Ontario's COVID-19 Self-Assessment at <https://covid-19.ontario.ca/self-assessment/> for most current symptoms.



Remember to clean your hands upon entering and before leaving the community garden.

Adapted and reprinted with permission from Peterborough Public Health. Current as of May 15, 2020.

Visit us at www.rcdhu.com or call 613-732-3629 or 1-800-267-1097