



Renfrew County and District Health Unit  
"Optimal Health for All in Renfrew County and District"

## For Immediate Release

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(Pembroke, Ontario, 12:45 p.m., January 03, 2021)

### **RCDHU Declares COVID-19 Outbreak at an Esthetician Workplace in Petawawa**

Today, Renfrew County and District Health Unit (RCDHU), is confirming that a staff member and two clients tested positive for COVID-19 at an esthetician workplace in Petawawa. Two confirmed cases that are linked within the organization meets the provincial guideline for the declaration of a workplace outbreak. RCDHU is working closely with the workplace to ensure necessary measures continue to be in place to protect all staff and the public.

All individuals who have been deemed to be close contacts of the positive cases, have been given direction by RCDHU staff to immediately self-isolate and arrange for testing by calling the Renfrew County Virtual Triage Assessment Centre (RC VTAC) at 1-844-727-6404 to book an appointment for testing.

"Please do not let down your guard. I want to remind you all that we are currently in a province-wide lockdown, so everyone should be staying home since no indoor social gatherings with members of other households are allowed" states Dr. Robert Cushman, Acting Medical Officer of Health, RCDHU.

#### **If you have been directed to self-isolate, you are required to:**

- Stay home. Do not go to work, school, child care, or public places. You can go outside, but you must stay on your own property. Do not walk around the neighbourhood.
- Avoid contact with others. No visitors unless deemed essential (e.g. care providers), stay in a separate room away from other people within your household, use a separate bathroom if possible.
- If these steps are not possible, maintain a distance of 2 metres from others at all times.
- Keep your distance. If you are in a room with other people, keep a distance of at least 2 metres and wear a mask or face covering that covers your nose and mouth.
- Wash your hands often with soap and water or an alcohol-based hand sanitizer.

In addition to the new public health measures set out in the [provincial shutdown](#), it is imperative that everyone do their part to keep the community safe; stay home if they are sick, avoid contact with people who are ill, practice physical distancing (2 metres), wear a mask/face covering when physical distancing cannot be maintained, wash their hands, use the COVID Alert App, and complete the COVID-19 [self-assessment tool](#) or COVID-19 [school](#)

[screening tool](#) **daily** before going to work, school or daycare, to monitor for symptoms and proper guidance.

For more information, visit RCDHU's website at <https://www.rcdhu.com/novel-coronavirus-covid-19-2/> or call 613-732-3629 or 1-800-267-1097.

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