

# Renfrew County and District Health Unit

## Information for Business Operators Toolkit

### Business Information Line

Call the Business Information Line at 1-888-444-3659 if you have questions about safely reopening your business or workplace, or visit [COVID-19 Support for businesses](#).

Resources to prevent COVID-19 in the workplace: [Sector specific guidance for Ontario](#).

Ontario is gradually reopening businesses, services and public spaces on a regional basis as progress is made in the fight against COVID-19: [Reopening Ontario](#).

### COVID-19 Call Centre

If you live in Renfrew County and District, have a health concern (including a concern related to COVID-19) and need to speak to a physician, you should first call your family physician's office.

If you do not have a family physician or cannot access your family physician, call the Renfrew County Virtual Triage and Assessment Centre at 1-844-727-6404. A medical receptionist will connect you with care and support from a nurse practitioner, family physician and/or community paramedic. This new service is covered by OHIP with a valid health card. Learn more at [www.rcvtac.ca](http://www.rcvtac.ca).

Call RCDHU staff at 613-732-3629 ext: 977, 7-days a week, Monday to Sunday, 8:00 a.m. to 4:00 p.m. for more information on COVID-19. You do not require a phone assessment by RCDHU to access COVID-19 care.

### Self-Assessment

Please complete this [self-assessment](#) tool to help you determine what to do.

### Testing and Results

You can now access your COVID-19 lab test results online. For access, visit the Government of Ontario's [online portal](#).

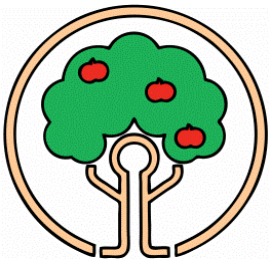
If your results are not available after 10 days or if you are not able to access your results, call Renfrew County and District Health Unit (RCDHU) at 613-732-3629.

As a reminder, health unit staff are no longer calling people to inform them of a negative COVID-19 test result—[no news is good news](#).

Visit us at [www.rcdhu.com](http://www.rcdhu.com) or call 613-732-3629 or 1-800-267-1097

“Optimal Health for All in Renfrew County and District”

December 23, 2020



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## RCDHU COVID-19 Information for Workplaces

Visit [RCDHU COVID-19 Information for Workplaces](#) for more information on sector specific reopening guidance, factsheets, and other helpful resources.

## What you need to know about wearing a mask

The use of masks can help control the spread of COVID-19. For full details regarding mask use in Ontario, visit the [Reopening Ontario \(A Flexible Response to COVID-19\) Act, 2020 – Ontario Regulation 364/20: Rules for Areas in Stage 3](#), Schedule 1, Section 2, subsection (4): <https://www.ontario.ca/laws/regulation/200364>.

RCDHU Signage - [RCDHU Public Entrance Signage: ATTENTION – Please wear a mask/face covering while in this facility](#)

RCDHU Poster - [RCDHU Non-medical Mask Use when Shopping \(Community Use\)](#)

RCDHU Poster – [Do's and Don'ts of Using Non-Medical Masks](#)

Video - [VIDEO : Why, when and where should I wear a cloth mask?](#)

Public Health Ontario – [Steps to Put on a Mask](#)

Public Health Ontario – [Steps to Take Off a Respirator/Mask](#)

Health Canada - [Instructions on how to make a non-medical mask](#)

Public Health Agency of Canada - [How to make a non-medical mask at home](#)

CHEO - [Kids and masks: tips from an expert](#)

## Fact Sheets & Posters

RCDHU Tool – [COVID-19 Employee Screening Tool](#)

RCDHU Fact Sheet – [COVID-19 Information for the Real Estate Sector](#)

RCDHU Fact Sheet – [COVID-19 Fact Sheet for Grocery Store Shoppers](#)

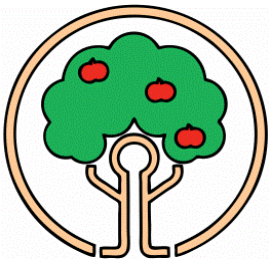
RCDHU Fact Sheet – [Guidance for Retail Stores](#)

RCDHU Guidance – [Requirements for Transportation Service Operators](#)

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RCDHU Guidance – [COVID-19 Guidance for Places of Worship](#)

RCDHU Guidance – [COVID-19 Guidance for Personal Service Settings](#)

RCDHU Guidance – [COVID-19 Guidance for Food Premises](#)

RCDHU COVID-19 Checklist – [Hair Salons and Barber Shops](#)

RCDHU COVID-19 Checklist – [Nails and Aesthetic Services](#)

RCDHU COVID-19 Checklist – [Tattooing and Body Piercing](#)

RCDHU Poster – [Proper Use of Disposable Gloves](#)

RCDHU Poster – [COVID-19 Screening Poster for Retail, and Condominium or Multi-Unit Residential Building Entrances](#)

RCDHU Poster – [Physical Distancing w/o Tips](#)

RCDHU Poster – [Physical Distancing w Tips](#)

## How do I self-monitor versus self-isolate?

RCDHU Resource- [Self-isolation vs. Self-monitor](#)

[Know the Difference: Self-monitoring, self-isolation, and isolation for COVID-19](#)

[How to Self-Monitor](#)

[How to Self-Isolate](#)

[Self-isolation: Guide for caregivers, household members and close contacts](#)

[How to isolate at home when you have COVID-19](#)

[Cleaning and Disinfection for Public Settings](#)

## Information en français

Consultez le <https://www.rcdhu.com/nouveau-coronavirus-de-2019/> pour avoir accès à des ressources en français au sujet de la COVID-19

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