

Child Care Infection Prevention and Control

Common Childhood Illnesses and Exclusions

Children can experience many illnesses during childhood. Listed below are common illnesses and the recommended exclusion criteria. Remember any concerns regarding children's health and safety should be addressed by a medical practitioner as this is not designed to be used in place of medical advice.

ILLNESS	EXCLUSION
Diarrhea (single case- unknown cause)	Exclude if- stool cannot be contained in diaper OR toilet trained child cannot control bowel movements OR other symptoms present (fever, vomiting etc.).
Diarrhea or Vomiting	Exclude until 48 hours symptom free.
Fifth Disease (Parvovirus B19)	Not required. Non-immune pregnant woman should contact their physician.
Hand, Foot and Mouth (Coxsackie)	Not required.
Head Lice (Pediculosis)	Not required. Child and family should be treated.
Influenza	Exclude until 5 days after onset of symptoms or until symptoms have resolved, whichever is shorter.
Pertussis	Exclude until 5 days of antibiotic treatment has been given.
Pink Eye (conjunctivitis)	Exclude until seen by health care provider. If diagnosed as bacterial- can return 24 hours after the start of antibiotics. If diagnosed as viral- can return immediately if feeling well with no other symptoms.
Pin Worms	Exclude until after appropriate treatment (usually 1 dose of prescribed oral medication).
Streptococcal Infection (Strep Throat, Scarlet Fever)	Exclude until 24 hours after treatment is started, if untreated exclude 21 days.
Varicella (chicken pox)	Not required if able to participate in activities and no fever, REGARDLESS of state of rash. Report illness to public health. Non-immune pregnant woman should contact their physician.



Renfrew County and District Health Unit

"Optimal Health for All in Renfrew County"