

Child Care Infection Prevention and Control

Cleaning and Disinfecting Schedule

Cleaning and disinfecting are necessary to maintain infection prevention and control standards as well as ensure the safety of all children and staff. Child care centres must implement a comprehensive environmental cleaning and disinfection schedule.

Important

- Remember cleaning and disinfecting are two separate steps. Cleaning must be done before disinfecting.
- Frequencies listed are **minimum** requirements EXCEPT during an increase in illnesses/ outbreaks or when visibly soiled. Cleaning and disinfecting **must** be increased as per direction made by a health inspector.
- Items contaminated with blood or body fluids are to be removed immediately (e.g., mouthed, drooled, and sneezed or coughed on).
- If sleep surfaces are not designated to individual children, cleaning and disinfecting must be done after each use.

For more information refer to Renfrew County and District Health Unit's *A Public Health Guidance Document for Child Care Centres* as well as *Communicable Disease Guidelines for Schools and Child Care Facilities* or contact Healthy Environments 613-735-6853 x 555 for further recommendations.

Play/ Sleep Areas	What To Do	After Each Use	Daily	Weekly
Mouthed toys	Clean and disinfect	✓		
All toys (except mouthed toys)	Clean and disinfect			✓
Items made from absorbent material (e.g., plush toys and dress up clothes)	Launder			✓
Natural items (e.g., birds nest, pinecones, stones)	Discard			✓
Water play table	Clean and disinfect	✓		
Water play toys	Clean and disinfect	✓		
Play dough- store bought	Discard			✓
Play dough- home made	Discard		✓	
Sensory tables (e.g., rice table)	Clean and disinfect			✓
Dry sensory food used in sensory play	Discard		✓	
Sensory bins and tubs	Clean and disinfect			✓
Sand used in sensory play	Discard			✓
Crib rails	Clean and disinfect		✓	
Crib mattress covers	Clean and disinfect			✓
Cots/ Vinyl mats	Clean and disinfect			✓
Linen/ bedding	Launder			✓
Garbage containers	Clean and disinfect			✓
Activity table tops	Clean and disinfect	✓		
Floor	Clean and disinfect		✓	



Renfrew County and District Health Unit

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Washrooms	What To Do	After Each Use	Daily	Weekly
Potty chairs	Clean and disinfect	✓		
Toilet seat inserts	Clean and disinfect	✓		
Toilets	Clean and disinfect		✓	
Hand washing sinks	Clean and disinfect		✓	
Garbage containers	Clean and disinfect			✓
Floor	Clean and disinfect		✓	
Diaper change mat	Clean and disinfect	✓		
Diaper change table	Clean and disinfect	✓		
Diaper pails	Clean and disinfect		✓	
Reusable towels	Launder	✓		

Miscellaneous	What To Do	After Each Use	Daily	Weekly
Bibs	Launder/ clean and disinfect	✓		
High chair table tops	Clean and disinfect	✓		
Soothers/ pacifiers	Clean and disinfect	✓		
Carpets	Vacuum		✓	
Floors	Dry sweep & wet mop		✓	
Shared electronic games, video equipment and computers	Cleaned and disinfected		✓	

Miscellaneous	What To Do	When
Carpets	Shampoo/ steam clean	Every 3-6 months
Large natural items (e.g., logs, stump stools)	Remove visible soil	Remove if in outbreak or item is visibly damaged

