# **TOILETING QUICK REFERENCE**



## Prepare

- Gather supplies (gloves, wipes, toilet paper)
- Prepare toilet/ potty
- Wash hands
- Put on a pair of disposable vinyl or latex gloves



# **Toileting**

- Assist child with pulling down diaper or training pants
- Help child onto toilet/ potty



## Cleanse

- Use disposable wipes or toilet paper to clean child-front to back until clean

#### Flush toilet



### Dispose

- Remove gloves and discard into garbage
- Clean hands
- Dress child and assist child with pulling up diaper or training pants
- Wash your hands while washing child's hands



## **Clean and disinfect**

- Put child in safe location
- Put on clean gloves to empty potty (careful to avoid splashback)
- Disinfect toilet/ potty
- Clean hands



#### **Renfrew County and District Health Unit**

"Optimal Health for All in Renfrew County and District"