



# Elevator Etiquette

## Remember To Practice Physical Distancing!

When out in public, practicing physical distancing can help you reduce your risk by minimizing contact with others in the community.

- Avoid overcrowding – take the stairs or wait for the next elevator.
- Cover your cough.
- Avoid touching your face after pushing the button.
- Maintain at least a 2 metre (6 feet) distance from others in the elevator.
- Wash with soap and water or sanitize your hands with alcohol-based hand rub after when exiting.

Adapted with permission from Ottawa Public Health.



**Renfrew County and District Health Unit**

*“Optimal Health for All in Renfrew County and District”*

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