

USING NON-MEDICAL MASKS

Improper use of face masks can put you at risk.

Make sure you know how to safely use a non-medical mask!

THE DO'S



- ✓ Clean your hands **before and after** touching your mask
- ✓ Remove mask by grasping the **ear ties only**
- ✓ Once removed, put mask directly into the washing machine, or place in a plastic bag until you get home
- ✓ Ensure the mask fits snugly, with **no gaps** at the cheeks, chin, or top of the nose.
- ✓ Continue to practice **physical distancing and hand hygiene** while using your mask

THE DON'TS



- ✗ Don't touch the **front of your mask** when wearing or removing
- ✗ Don't **slide your mask** to your forehead, chin or neck while wearing it
- ✗ Don't put your mask in your pocket or purse **after using**
- ✗ Don't use your mask when it is **damp or dirty**
- ✗ Don't dispose of your mask in a shopping cart or on the ground



Renfrew County and District Health Unit

"Optimal Health for All in Renfrew County and District"

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