



Renfrew County and District Health Unit  
*"Optimal Health for All in Renfrew County and District"*

## For Immediate Release

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(Pembroke, Ontario, March 3, 2020)

There are currently no COVID-19 cases in Renfrew County and District and Renfrew County and District Health Unit (RCDHU) is not investigating any cases at this time. The situation is being monitored daily.

As cases of COVID-19 continue to spread internationally, RCDHU reminds residents the risk remains low for COVID-19 in Canada and Ontario.

The health and well being of all residents in Renfrew County and District is RCDHU's top priority and we continue to work with our provincial and federal partners in response to this new virus.

Additionally, RCDHU recommends the typical measures to reduce the risk of respiratory illness:

- Clean your hands frequently with soap and water or an alcohol-based hand rub.
- Cover your mouth and nose with a tissue when you cough or sneeze, then clean your hands.
- If you don't have a tissue, sneeze or cough into your sleeve and then clean your hands.
- If you are ill, stay home.
- Get a flu shot. You can schedule a flu immunization by calling 613-735-8666.

Follow health travel advice and advisories. Visit the Government of Canada travel health notice page [www.travel.gc.ca/travelling/health-safety/travel-health-notice](http://www.travel.gc.ca/travelling/health-safety/travel-health-notice) for the latest information and emerging travel notices.

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