



Renfrew County and District Health Unit  
*"Optimal Health for All in Renfrew County and District"*

## Memorandum

**Date:** March 19, 2020  
**To:** Long Term-Care and Retirement Residents  
**From:** Dr. Robert Cushman  
**Subject:** **Resident travel Outside of Facility**

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The resident community in Long-Term Care Homes (LTCHs) and retirement residents is likely to be older, frailer, and have complex chronic conditions. Residents may have chronic lung or neurological diseases which impair their ability to clear secretions from their lungs and airways. Respiratory infections can be more easily transmitted in an institutional environment.

Dr. Robert Cushman, Acting Medical Officer of Health, Renfrew County and District Health Unit, is advising that Renfrew County and District LTCHs and retirement residents should not allow residents to leave the facility, unless it is medically-required, until further notice.

If there is a specific concern, please direct the family member to contact Renfrew County and District Health Unit at 613-735-8654.

Thank you,

D. Robert Cushman

Acting Medical Officer of Health