



Renfrew County and District Health Unit

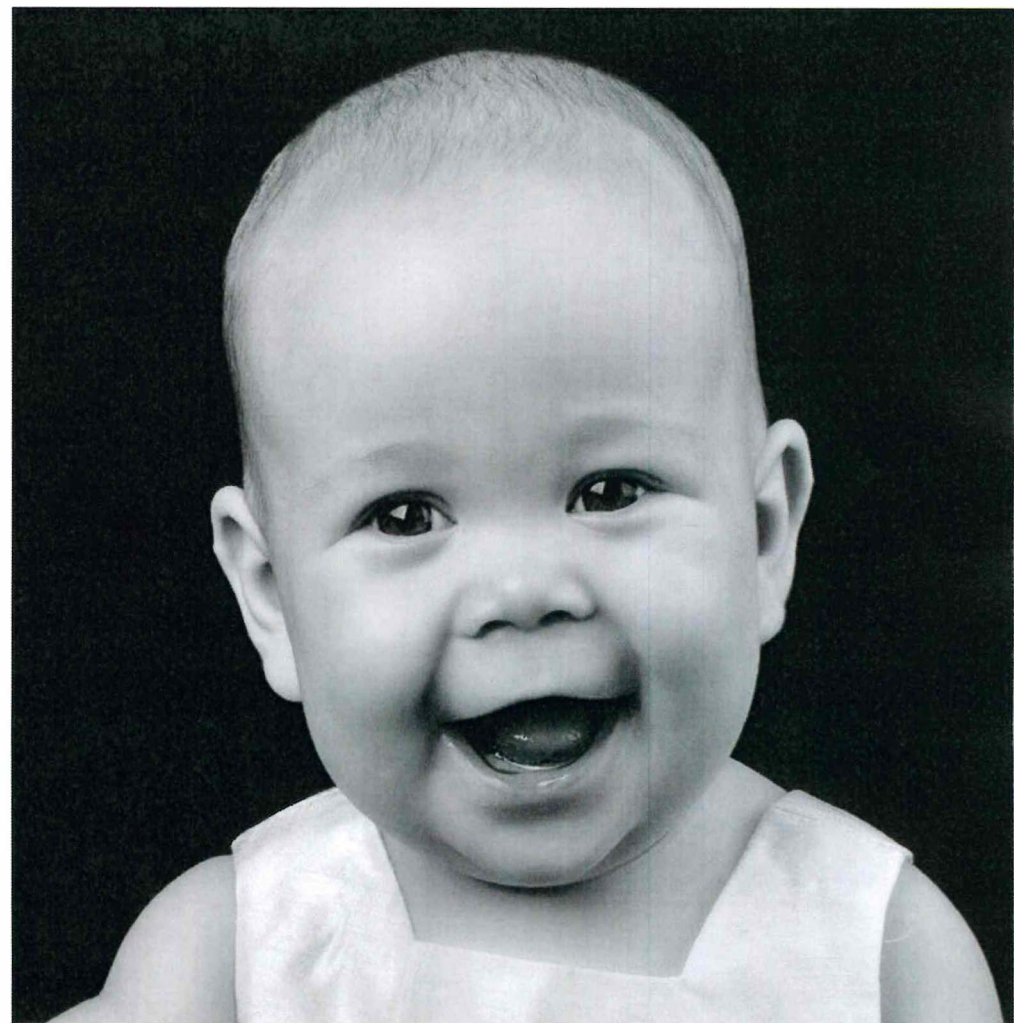
"Optimal health for all in Renfrew County and District"

We support the World Health Organization's

BABY-FRIENDLY INITIATIVE *BFI*

By:

- Helping parents make informed choices about feeding their baby.
- Promoting breastfeeding for healthy growth and development.
- Recommending breast milk as the only food for babies until they are six months old.
- Recommending to breastfeed for two years and beyond.
- Ensuring our staff receive up to date breastfeeding training.
- Encouraging breastfeeding *anytime, anywhere*.
- Working with our community to protect, promote and support breastfeeding.



You are welcome to breastfeed here. If you would like a quiet space to breastfeed, please ask a staff member.

Acting, Medical Officer of Health