



Renfrew County and District Health Unit  
"Optimal Health for All in Renfrew County and District"

## For Immediate Release

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(Pembroke, Ontario, May 03, 2019)

Renfrew County and District Health Unit (RCDHU) reminds residents not to eat food that may have come into contact with flood water, and discard any food and beverages that are not in waterproof containers. Examples of food containers that are not waterproof, and should be discarded include:

- containers with screw caps, snap lids, pull tops, crimped caps;
- cardboard juice and milk containers;
- baby formula containers; and
- home canned foods.

If power has been cut due to flooding, the refrigerator will keep food cold for up to 4 hours if it is unopened. A freezer will keep food frozen for approximately 24-48 hours if unopened. It is recommended to discard any food that has been at room temperature for more than 2 hours. If the food has a bad smell or odour, throw it out. Undamaged, commercially prepared foods in sealed, unopened, airtight, waterproof cans, jars and pouches can be safely cleaned and disinfected. For more information read RCDHU's fact sheet on [Food Safety during an Emergency](#).

For general information regarding emergency preparedness

visit: <https://www.rcdhu.com/healthy-living/emergency-preparedness/>.

For more information:

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