

BABY'S ESSENTIALS

You may find the chart below helpful in deciding what to buy for your baby.
Check the items your baby already has. Mark additional items if needed.

DIAPERING

- Diaper Bag
- Newborn Diapers
- Diaper Disposal Pail
- Skin Cream
- Change Pad
- Wipes or Cleaning Clothes

SLEEPING

- Crib and Sheets
- Mattress Cover
- 2-3 Light Blankets
- Monitor

GOING OUT

- Car Seat
- Stroller
- Baby Carrier

BATHING

- 4-6 Washcloths
- 3 Towels
- Unscented Soap
- Bath Tub
- Bath Accessories
- Baby Shampoo

PLAYTIME

- Books
- Mobile
- Bouncy Infant Seat

BREASTFEEDING

- Nursing Bras
- Nursing Pads
- Breast Pump
- Nursing Pillow
- 4-6 Receiving Blankets

CLOTHING

- 6-8 Sleepers
- 5-6 One Piece Undershirts
- Sweater/Coat
- Snowsuit/Hat
- 3-4 Pairs of Socks
- Infant Shoes / Slippers

EQUIPMENT

- Thermometer
- Swing
- Playpen
- Mild Detergent
- Nasal Aspirator

OTHER

-
-
-



Renfrew County and
District Health Unit

Optimal Health for All in Renfrew County and District