

# CANNABIS IMPACT ON YOUTH UNDER 25

## AVOID CANNABIS USE UNTIL 25 YEARS OF AGE



**This is a key period of brain development.**

Use at an earlier age increases the likelihood of developing anxiety and depression disorders as well as other mental health concerns later in life.

## CANNABIS USE IS RELATED TO MENTAL HEALTH RISKS



**Regardless of the method of consumption.**

Risks include: addiction, psychosis and other mental health problems, impaired cognition and judgement.

**1 in 11 users become addicted.**

## CANNABIS USE DURING TEENAGE YEARS



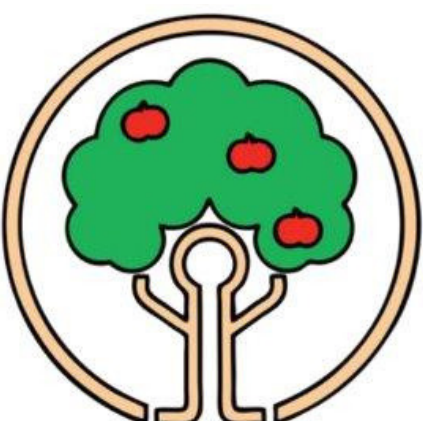
**Evidence suggests that:**

For those who start using cannabis during teenage years, the risk of addiction rises to **1 in 6**.

## CANNABIS USE UNDER 25 YEARS OF AGE



Increases the risk of developing health, educational and social issues.



**Renfrew County and District Health Unit**

“Optimal Health for All in Renfrew County and District”