



Renfrew County and District Health Unit

Renfrew County and District Health Unit FREE MATERIALS ORDER FORM

NAME OF EMPLOYER: _____

Please complete the order form below and return to

FAX: 613-735-3067 (Attention Raili Quatham, Public Health Nurse)

EMAIL: rquatham@rcdhu.com

PLEASE INDICATE THE RESOURCE YOU WANT TO ORDER BY CHECKING THE CIRCLE
PLEASE INDICATE THE QUANTITY YOU WANT TO ORDER BY PUTTING THE NUMBER HERE _____

QUANTITY

_____ Rethink Your Drinking "Everything Matters" Poster

_____ Rethink Your Drinking "Choice Matters" Poster

_____ Rethink Your Drinking "Cancer Matters" Poster

_____ Rethink Your Drinking "Time Matters" Poster

_____ Rethink Your Drinking "Sex Matters" Poster

_____ Rethink Your Drinking "Zero Matters" Poster

_____ Rethink Your Drinking "Size Matters" Poster

_____ Low-Risk Alcohol Drinking Guidelines Poster

_____ CAMH Saying When Wallet Sized App Cards

_____ Alcohol and Pregnancy Awareness Package

_____ Low-Risk Alcohol Drinking Guidelines Paycheck Inserts

_____ Low-Risk Alcohol Drinking Guidelines Brochures

_____ Low-Risk Alcohol Drinking Guidelines Magnets

_____ Make Quit Memorable Poster

_____ First Week Challenge Poster and Tear-Off Sheets

Questions?

Please call or email

Raili Quatham, Public Health Nurse (613-735-8651 ext. 533
rquatham@rcdhu.com)

