



## 2008 PRENATAL CLASSES

**Renfrew County & District Health Unit** offers a series of seven (7) Prenatal Classes at the following locations: Arnprior, Barry's Bay, Deep River, Pembroke, Petawawa and Renfrew.

(**Note:** Weekend classes are also available.) The Registration Fee is \$30.00 (includes take-home handbook), but the fee can be waived if there is a financial concern.

**Scheduled dates for 2008:**

### **Barry's Bay Series**

(Weekends: Sat/Sun, 9:00 a.m – 4:00 p.m.)

**January 19 & January 20**

**April 19 & April 20**

**September 27 & September 28**



***Doctor: Please encourage expectant moms to register for classes as early as possible; preferably before 20 weeks gestation.***

For information about Prenatal Classes in other locations, call 613-735-8651 ext. 516 or 1-800-267-1097.