



## LOCAL SERVICES FOR WOMEN IDENTIFIED AT RISK FOR ALCOHOL USE DURING PREGNANCY

### ADDICTION TREATMENT SERVICES

- Mother Safe  
613-633-8573 or 1-888-241-1135
- Pathways Alcohol and Drug Treatment Services of Renfrew County  
613-432-8573 or 1-888-241-1135
- Renfrew County Alcohol Drug and Gambling Assessment Referral Service  
613-432-9855 or 613-732-3356 or 1-800-265-0197
- Motherisk Alcohol and Substance Use in Pregnancy Helpline  
1-877-327-4636
- DART – Drug and Alcohol Registry of Treatment – Ontario Info Line  
1-800-565-8603 [www.dart.on.ca](http://www.dart.on.ca)

### SOURCES OF SUPPORT

- Aboriginal Healthy Babies Healthy Children  
613-432-6499
- Canada Prenatal Nutrition Program  
613-757-3108 or 1-888-757-3108
- Columbus House Inc.  
613-732-8977
- Ontario Early Years Centre Renfrew-Nipissing-Pembroke  
613-735-7575 or 1-866-547-7613  
Satellites:
  - Annprior Family Preschool Resource Centre 613-623-8224
  - Family Enrichment Network Deep and Area Inc. 613-584-4886
  - Community Resource Centre (Killaloe) 613-757-3108
  - Petawawa Military Family Resource Centre 613-687-1641
  - Kids Corp Family Resource Centre (Renfrew) 613-433-9901
- Renfrew County and District Health Unit  
613-735-8666 or 1-800-267-1097 Ext. 666
- Pregnancy Support Services of the Upper Ottawa Valley  
613-635-7440

## **INFORMATION SOURCES**

- Best Start: Maternal, Newborn and Early Child Development Centre  
FASD Ontario News  
1-800-397-9567      [www.beststart.org](http://www.beststart.org)
- Centre for Addiction and Mental Health  
1-800-463-6273      [www.camh.net](http://www.camh.net)
- Fetal Alcohol Spectrum Disorder (FASD) Information Service – Canadian  
Centre on Substance Abuse  
1-800-559-4514      [www.ccsa.ca](http://www.ccsa.ca)
- FASworld Canada  
1-416-465-7766      [www.fasworld.com](http://www.fasworld.com)

## **SERVICES FOR ABUSED WOMEN**

- Pembroke Regional Hospital - Sexual Assault Counselling Centre  
613-732-1615 or 1-800-561-9975
- Renfrew Victoria Hospital Regional Assault Care Program  
613-432-4851 or 1-800-363-7222
- Women's Sexual Assault Centre of Renfrew County  
613-735-5551 or 1-800-663-3060
- Women's Shelter and Support Services/Bernadette McCann House Inc.  
613-732-3131 or 1-800-267-4930

## **COUSSELLING SERVICES**

- Community Mental Health Services of Renfrew County
  - Barry's Bay Office      613-756-9696
  - Pembroke/Deep River      613-732-3675 Ext. 8003
  - Renfrew      613-432-5835
  - Arnprior      1-800-991-7711
- North Renfrew Family Services  
613-584-3358
- Pembroke Regional Hospital - Adult Counselling Services  
613-732-4867
- Phoenix Centre for Children and Families  
613-735-2374 or 1-800-465-1870

## **FASD DIAGNOSIS**

- Children's Hospital of Eastern Ontario – Genetics Clinic  
613-737-7600 Ext. 3218      Fax: 613-738-4822