



Community Food Advisor Role

Responsibilities:

Provide reliable, unbiased and current information to individuals and groups in the community on the following topics:

- safe food handling practices
- Canada's Food Guide to Healthy Eating
- food shopping and budgeting
- food preparation
- food storage and preservation

CFA's will be involved in community activities such as conducting small cooking classes or workshops, giving presentations or demonstrations and answering questions from the public via the phone or in person.

CFA's are also responsible for forming and/or working as part of the Community Food Advisor group, and to take part in the local program in conjunction with the Coordinating Committee.

Eligibility:

There are no prescribed education requirements. CFA's should have:

- an interest in, and an ability to, learn and share information and skills about food
- basic knowledge and experience in food selection, preparation and storage
- an ability to help individuals and groups learn
- time to participate
- skills in reading and speaking English or French
- experience in community work, leadership or as a volunteer, is an asset

Potential CFA's are required to complete an application form and an interview. The Coordinating Committee will select individuals best suited.

Accountability:

CFA's are to be accountable to the Community Food Advisor Committee and/or CFA coordinator.

Commitment:

- Must successfully complete the training program and supervised community placements.
- Once certified, must attend at least two educational update sessions, and complete at least three community placements each year.
- Must attend and participate in local group meetings and activities.

For more information contact: Renfrew County and District Health Unit, 613-735-8651 ext. 516 or 1-800-267-1097.

