



Healthy Babies, Healthy Children Program

What is it?

- ◆ The Healthy Babies, Healthy Children Program's aim is to give children the best possible start in life.
- ◆ This *free* program is offered to pregnant women and families with young children (from birth to age 6) who live in Renfrew County & District.
- ◆ The Health Unit and Partner Agencies provide this service, for families in need of parenting support.
- ◆ It is a joint Ministries of Health and Community & Social Services initiative under the direction of the Office of Integrated Services for Children.

What can it do?

The Healthy Babies, Healthy Children Program can:

- ◆ Help families to understand and encourage healthy child development.
- ◆ Boost parenting and coping skills
- ◆ Help families discover and access many helpful resources and services in the community.
- ◆ Arrange for a Home Visitor, if additional support is needed.

Who can refer?

- ◆ You can refer yourself.
- ◆ Professionals such as physicians, childbirth educators and teachers can refer to the program.
- ◆ Anyone in the community can refer families needing this service.

NOTE: This is a voluntary program. Families must agree to the referral.

Then what happens?

- ◆ A public health nurse in the Healthy Babies, Healthy Children Program will contact the family to further explain the program and complete the screening process.

For more information or to refer to the Healthy Babies Healthy Children Program, contact the Renfrew county and District Health Unit at (613) 732-3629 or 1-800 267-1097