

Healthy Living Awards Nomination Form

I would like to make a nomination in the following category: (please circle)

Workplace

Restaurant

Healthy Eating School

Healthy Active School

Community at Large

Nominee's name: _____

Nominee's organization/agency: _____

Address: _____

Daytime phone #: _____ Evening phone #: _____

Signature: _____

Name of reference for nominee: _____

Address: _____

Daytime phone #: _____ Evening phone #: _____

Please describe why you think this person or organization deserves a Healthy Living Award by answering the following questions on one sheet of paper. If applicable, you may use point form with specific examples and dates.

- What has the nominee done to promote smoke free living, regular physical activity and/or healthy eating in the chosen category?
- What were the results of the nominee's efforts?
- What is unique or notable about this work?

Attach the answers to these questions to your nomination form.

Nominations must be post marked, faxed or emailed
by **Wednesday December 31, 2008** to:

Healthy Living Awards Nominating Committee
c/o Renfrew County and District Health Unit
7 International Drive, Pembroke ON, K8A 6W5
Fax: 613-735-3067 Email: bbrohart@rcdhu.com

Tel: 613-735-8651 ext. 545 or 1-800-267-1097

Healthy Living

PARTNERSHIP

Eat smart. Be active. Clear the air.

2008 Healthy Living Awards

The 2008 Healthy Living Awards are here! It's time for you to think about who you know that deserves recognition for innovative efforts to promote healthy eating, regular physical activity or smoke free living in Renfrew County. These activities should be recognized because they are examples of people taking steps to reduce heart disease and contribute to healthier communities. Complete the nomination form on this page to nominate someone who has made a difference in Renfrew County.

Awards will be presented in the following categories:

Workplaces - This award will recognize individuals or organizations (private or public sector) that have been instrumental in promoting heart health to their fellow employees by implementing programs and/or initiating workplace policy changes.

Restaurants - This award will recognize restaurants or other food services that are providing healthy food choices.

Schools - This award will be presented to a school that has reached its students with heart healthy messages and activities. Nominations can include elementary schools, secondary schools and colleges. Two school awards will be presented, one for a **Healthy Eating School** and one for a **Healthy Active School**.

Community at Large - This award will recognize individuals or organizations that have made a significant contribution to the promotion of a healthy lifestyle. This contribution could have been through the delivery of education and skill building programs or by creating environmental changes that contribute to a heart healthy community. Nominations can include community programs, local service groups, churches, non-governmental organizations, or other groups that have not been considered in another Healthy Living Award category.

Healthy Living Honour Roll - All people and organizations nominated for a 2008 Healthy Living Award will have their names included on a Healthy Living Honour Roll to recognize the importance of their contribution.

Eligibility - All nominees must live or work in Renfrew County and District. Nominees may include individuals, groups, organizations, businesses, or agencies and can include paid staff or volunteers.

Nomination Procedure - Anyone can make a nomination and people or organizations may nominate themselves. All nominations must be submitted on a nomination form (or facsimile) and be post-marked, faxed or emailed by **Wednesday December 31, 2008**.

Selection Process - A panel of judges appointed by the Healthy Living Awards Nominating Committee will review all nominations. Decisions of the judges will be final and confidential. The nominating committee reserves the right to check each nominee's reference and to confirm all other details provided. All nomination documents will become the property of the Healthy Living Partnership. The Healthy Living Partnership reserves the right to publish names and photographs of the award recipients. Award recipients will be notified before February 1, 2009.

