

# CHILD HEALTH CLINIC LOCATIONS AND DATES

## ARNPRIOR – 10:00 – 11:30 a.m.

**Arnprior Public Library**  
21 Madawaska Street

- ♥ September 17, 2009\*    ♥ March 11, 2010
- ♥ October 29, 2009    ♥ April 8, 2010
- ♥ December 3, 2009    ♥ May 13, 2010
- ♥ January 14, 2010    ♥ June 17, 2010
- ♥ February 11, 2010\*

## BARRY'S BAY Toy Bus – 10:00 – 11:30 a.m.

**Old Mayflower**  
48 Bay Street

- ♥ September 3, 2009    ♥ March 4, 2010
- ♥ October 1, 2009\*    ♥ April 1, 2010
- ♥ December 10, 2009    ♥ May 6, 2010
- ♥ January 7, 2010    ♥ June 3, 2010
- ♥ February 4, 2010\*

## CHALK RIVER – 10:00 – 11:30 a.m.

**Family Enrichment Network (OEYS)**  
19 Railway Street

- ♥ October 7, 2009
- ♥ December 2, 2009
- ♥ February 10, 2010
- ♥ May 5, 2010

## DEEP RIVER – 10:00 – 11:30 a.m.

**Family Enrichment Network (OEYS)**  
Mackenzie High School  
87 Brockhouse Way, Room 169

- ♥ October 15, 2009\*
- ♥ January 21, 2010
- ♥ April 15, 2010\*

## EGANVILLE – 10:00 – 11:30 a.m.

**Toy Bus - Grace Lutheran Church**  
14 Bonnechere Street West

- ♥ September 16, 2009    ♥ March 17, 2010\*
- ♥ October 21, 2009\*    ♥ April 21, 2010
- ♥ December 16, 2009    ♥ May 19, 2010
- ♥ January 20, 2010    ♥ June 16, 2010
- ♥ February 17, 2010

## PEMBROKE PUBLIC LIBRARY

10:00 a.m. – Noon  
237 Victoria Street

- ♥ September 4, 2009    ♥ March 5, 2010
- ♥ October 2, 2009\*    ♥ April 9, 2010
- ♥ December 4, 2009\*    ♥ May 7, 2010
- ♥ January 8, 2010    ♥ June 4, 2010
- ♥ February 5, 2010\*

## PETAWAWA – 2:00 – 3:30 p.m.

**Petawawa Military Family Resource Centre**  
South Side Community Centre  
1578 Wolfe Avenue

- ♥ September 9, 2009    ♥ March 10, 2010\*
- ♥ October 7, 2009\*    ♥ April 7, 2010
- ♥ December 2, 2009    ♥ May 5, 2010
- ♥ January 13, 2010    ♥ June 2, 2010
- ♥ February 10, 2010

## RENFREW – 1:30 – 3:00 p.m.

**St. Francis Xavier Parish Hall**  
331 Plaunt Street South

- ♥ September 17, 2009\*    ♥ March 11, 2010
- ♥ October 29, 2009    ♥ April 8, 2010
- ♥ December 3, 2009    ♥ May 13, 2010
- ♥ January 14, 2010    ♥ June 17, 2010
- ♥ February 11, 2010\*



**To book an immunization  
appointment, call your  
local Health Unit office at:**



**ARNPRIOR .....613-623-2991**

**BARRY'S BAY....613-756-2744**

**PEMBROKE .....613-735-8653**

**RENFREW .....613-432-5853**

\* Speech and Language Screening offered  
at these clinics.

# SPEECH AND LANGUAGE SCREENING CLINICS

## Arnprior

- September 17, 2009
- February 11, 2010

## Barry's Bay - Toy Bus

- October 1, 2009
- February 4, 2010

## Deep River

- October 15, 2009
- April 15, 2010

## Eganville

- October 21, 2009
- March 17, 2010

## Pembroke

- October 2, 2009
- December 4, 2009
- February 5, 2010

## Petawawa – PMFRC South Side

- October 7, 2009
- March 10, 2010

## Renfrew

- September 17, 2009
- February 11, 2010

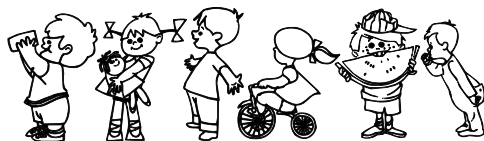
**For more information call the Health Info Line at 613-735-8666 or long distance at 1-800-267-1097 Ext 666.**



Renfrew County and District  
Health Unit

# Invitation to Child Health Clinics

September 2009 to  
June 2010



- ♥ for families with children aged newborn to six years
- ♥ health professionals offer health information, childhood immunizations, consultation and screening regarding children's growth and development, dental health, and speech
- ♥ the Parent's Corner features different parenting information each month

**Immunization by  
appointment only**

## CHILD HEALTH CLINIC COMPONENTS

**NOTE:** No appointments necessary except for immunization.

### GROWTH AND DEVELOPMENT

A Public Health Nurse will briefly address questions and concerns regarding your child's growth and development including speech. Screening tools, breastfeeding support and infant weights are also available.

### IMMUNIZATION - \*By appointment only\*

**Call your local Health Unit office for appointment.** A Public Health Nurse will consult with you regarding your child's immunization status and immunize your child as necessary – it is important that you bring your child's Ontario Health Card and a copy of your child's Immunization Card to the clinic.

### DENTAL

A Health Unit Dental Hygienist will provide a dental screening assessment and discuss your child's dental health.

### PARENT'S CORNER

Parent's Corner features a display with resource information on child health and parenting issues such as healthy eating.

### SPEECH

Sprouting Speech is the Preschool Speech and Language Program for young children and their families who live in Renfrew County. Speech and language screening is offered at selected Child Health Clinics in partnership with the Sprouting Speech Program. Refer to the list on the other side of this pamphlet. For more information, phone 613-732-7007 or 1-888-421-2222.

## PARENT'S CORNER

### SEPTEMBER

Paint Your Plate

### OCTOBER

Breastfeeding: Breast is Best

### NOVEMBER

Child Health Clinics will not be offered during this month. In November, flu clinics begin. Bring your family to a clinic for their **flu shot!**

### DECEMBER

Keep the Germs Away

### JANUARY

Safe Sleep

### FEBRUARY

Speech & Language

### MARCH

Infant and Toddler Nutrition

### APRIL

Dental Health for Your Child

### MAY

Injury Prevention

### JUNE

Discipline With Love

